

13 Alexandra Gardens

Specialist Learning Disability & Autism
Community Based Living



Overview

13 Alexandra Gardens is a twelve bed, mixed gender, community based service. The property comprises of eight beds in the main house and four self-contained flats for people who may not be able to live in larger groups. The people who are supported at 13 Alexandra Gardens have severe learning disabilities, autism and associated health needs with behaviours which due to their diagnosis may be seen as challenging.

People may come to 13 Alexandra Gardens as part of their care pathway, either moving from their community placement or the family home because they require more structured care and support.

The service is staffed 24 hours a day, 7 days a week, by a dedicated team made up of the Registered Manager and Support Workers. All residents are registered with the local GP which allows access to specialist clinicians.

Elysium Care Partnerships are proud of the excellent relationships with the families and friends of the people they support. Families and friends are encouraged to play an active part in the lives of their loved ones.

We provide:

- Individual, tailored, person-centred care and support
- Multiagency & family partnerships for an holistic care pathway
- Active service user and family involvement in care planning
- Positive Behaviour Support (PBS)
- A robust governance system with an emphasis on safeguarding
- Access to independent advocacy
- Community engagement, leisure and vocational opportunities



About 13 Alexandra Gardens

Our aim is to provide a home in the heart of the local community, which promotes social inclusion through meaningful community engagement. Residents are supported to develop social networks and engage in a range of activities to live purposeful lives.

We ensure residents are able to access all the facilities and resources they wish to, whilst keeping safe and having choice and control. We deliver support with dignity and respect, achieve personalised outcomes and help people to develop constructive ways of communicating through new skills and behaviours.

Service Outcomes:

- Ensuring each individual achieves their full potential
- Improvement of quality of life through meaningful life experiences and opportunities
- Development of greater choice, control and independence
- Support social inclusion through active community engagement
- Achieve good physical health and wellbeing
- Improve self-esteem and self-worth



About Elysium Learning Disabilities & Autism

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs.

Our community based services deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours that challenge, such as mental health needs and personality disorder.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

For further information, to arrange a visit, or make a referral, please call our 24 hour referral line on **0800 218 2398** or email referrals@elysiumcp.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

 Part of Ramsay Health Care