Elysium Neurological

The Avalon Centre

About us

The Avalon Centre is a purpose built neurological centre for men and women over the age of 18 years, who have an acquired brain injury. The centre has been designed to support people who, because of their injury, have challenging and complex needs and require a neurobehavioural rehabilitation programme.

The service is a single storey, 20 bed building, set in two acres of private gardens. Located near the town of Swindon in Wiltshire. The service is registered as an independent hospital and can also support people who may be detained under a section of the Mental Health Act 1983 (amended 2007).

Situated close to the amenities of the town centre, the spacious accommodation is made up of 18 individual en suite bedrooms and two self-contained flats. The building is designed around two enclosed courtyard areas and within the service there are various communal and therapy spaces.

Neurorehabilitation

We are committed to providing the highest standard of care and rehabilitation. Person centred programmes of neurobehavioural rehabilitation encompass the physical, psychological, emotional, behavioural and social needs of each patient. We work closely with the person's family and supporters as this is a key element of a successful and long lasting rehabilitation.

The Avalon Centre aims to manage or decrease neurobehavioural disability and other consequences arising from acquired brain injury whilst keeping the patient safe and maximising individual choice.

Goals

The principal goals of neurobehavioural rehabilitation:

- **Comprehensive Transdisciplinary Team (TDT) assessment of strengths and needs**
- **Formulation of needs to inform risk management and care planning**
- **Therapeutic environment and social climate that maximises opportunities for positive behaviour and optimal achievement of skills**
- **Individual and group therapies to promote skill development and quality of life.**
- **Effect changes to support patients in the least restrictive environment possible to move through Elysium Neurological care pathways and where possible, to live back in the community.**

Transdisciplinary Team Working (TDT)

Delivery of Neurobehavioural Rehabilitation through a Transdisciplinary Team (TDT) is essential. The principles of TDT working ensure that rehabilitation is delivered 24 hours a day and not limited to formal sessions. TDT working deliberately crosses professional boundaries, resulting in significant role blurring. TDT principles ensure that interventions prescribed by a member of a particular discipline are pursued by all members of the clinical team at all appropriate opportunities. This ensures we deliver a consistent treatment programme which is not bound by sessions and it provides multiple opportunities to encourage and reinforce new skills and abilities.

The aim of rehabilitation is to ensure new behaviours and skills become established as social habit patterns. This in turn leads to the likelihood of these patterns becoming used in other environments and improve the potential for enduring social independence. Practising and reinforcing these skills as opportunities arise further maximises learning, especially utilising procedural learning methods, despite any neurocognitive impairment.

People we support

Each person is different, so too is every brain injury and the recovery journey that follows. Whilst we list the inclusion criteria for admission in to The Avalon Centre, whether we can support a patient depends on the social climate and current patients within the centre at any one time.

Minimum set of inclusion criteria:

- **Adults over the age of 18 years**
- **Those in the post-acute stage of brain injury recovery displaying challenging behaviour**
- **Individuals who are medically stable**
- **Where an individual's neurobehavioural disability excludes them from main stream programmes**
- **Where an individual's rehabilitation is not sustainable in a community setting**
- **Assessed as having new learning ability and potential to benefit from neurorehabilitation**

Outcomes

Evaluation of the effectiveness of therapeutic programmes takes place through use of observational recording measures, behavioural recordings, discipline specific measures and clinical supervision. Progress is routinely reviewed at weekly clinical review meetings.

Industry recognised outcome measures are routinely completed on admission, at major reviews of progress and at discharge. Together these measures underpin goal planning and track responses to rehabilitation.
These measures also enable the creation of service level performance indicators for benchmarking purposes.

The team

Our Transdisciplinary Clinical Team is led by Professor Nick Alderman, Clinical Director for Elysium Neurobehavioural Rehabilitation Services. Professor Alderman is acknowledged internationally as one of the foremost experts in neurobehavioural rehabilitation, having over three decades of experience in this field.

Expert clinical disciplines at The Avalon Centre include:

- **Neuropsychiatry**
- **Specialist Nursing and Rehabilitation Assistance**
- **Clinical Psychology and Assistant Psychology**
- **Physiotherapy**
- **Occupational Therapy**
- **Speech and Language Therapy**
- **Social Work**

Our team is based on site to ensure that each patient receives the specialist interventions and support they need to achieve their individual goals and outcomes.

Centre Contact details:

The Avalon Centre,
Edison Park, Hindle Way,
Swindon, SN3 3RT

How to find us:

By Car: The Avalon Centre is located 2.6 miles from Junction 15 of the M4 which provides excellent road links to the South West, Wales, London and the Home Counties. For GPS, our postcode reference is SN3 3RT. As you turn off the A4006 at the roundabout into Hindle Way, we are the single storey white building to the left of the veterinary practice (opposite a large supermarket). Car parking spaces can be found to the front and side of the building.

By Train: Swindon train station is a ten minute taxi drive away from The Avalon Centre and is on the Great Western main line providing easy access to the service for visiting families, friends and professionals. A train journey from or to London Paddington takes just over one hour.

Elysium Healthcare

This information is available in different languages, Braille, Easy Read and BSL on request

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line**: 0800 218 2398
or email: referrals@elysiumhealthcare.co.uk

To view our video tour, please visit **elysiumhealthcare.co.uk**

Part of Ramsay Health Care

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