Elysium Healthcare

The Farndon Low Secure Unit

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Overview of the Service

The Farndon Unit provides low secure care for women who are detained under the Mental Health Act 1983 (amended 2007). The service specialises in caring for patients with a diagnosis of severe and enduring mental illness with or without a personality disorder or mild learning disability.

The Farndon Unit offers personalised assessment and recovery-based treatment pathways for women with complex care needs. The combination of general low secure wards and a recovery ward area (also within the low secure perimeter) provide a seamless internal care pathway supporting and empowering patients in their recovery and rehabilitation.

Model of Care

The Farndon Unit has award winning therapy provision with two innovative and unique therapy pathways which are standard treatment and complex trauma pathways. These have been designed to meet the needs of our female patient population. Each element of both pathways is measurable with demonstrable outcomes.

The team has celebrated success with complex patients through the training of all staff and the implementation of the Positive Behavioural Support (PBS) model. This model is evidenced based and has led to greater benefits for both patients and staff. All interventions delivered at The Farndon Unit are underpinned by a compassion based approach from all staff.

The Multidisciplinary Team (MDT) have a wealth of experience and work collaboratively with the patient and commissioners to deliver personalised treatment programmes and adaptable care pathways. We have a wide range of treatment options on offer to maximise engagement. The focus is always towards the least restrictive setting and to independence, which is strongly supported through the work of the occupational and psychological therapy teams.

"This is the first place in many years that I have felt safe and cared for"

Feedback from a patient at The Farndon Unit

Patient Profile

- Female patients aged 18 years and over who have complex mental health needs
- Detained under the Mental Health Act 1983 (amended 2007)
- Assessed as suffering from a mental illness and /or personality disorder
- May have a mild to moderate learning disability with co-existing mental illness and/or personality disorder
- May have a history of offending, substance misuse problems and/or trauma
- May have chronic and on-going physical healthcare requirements
- Require a period of treatment and active rehabilitation
- Cannot be managed or supported in their own environment, open acute ward or the community

Risk and Outcome Measures

The Farndon Unit is committed to using innovative approaches to ensure the risk assessment and management processes are collaborative and transparent, thus strengthening our practice in relation to Positive Risk Taking (PRT). As such we have developed a number of initiatives to enhance the PRT process including: a collaborative risk tool: "My Risks". These are dynamic and designed to accurately measure changes in a patient's risk. We also use a range of outcome measures that link in with the My Shared Pathway recovery journey, including HoNOS Secure.

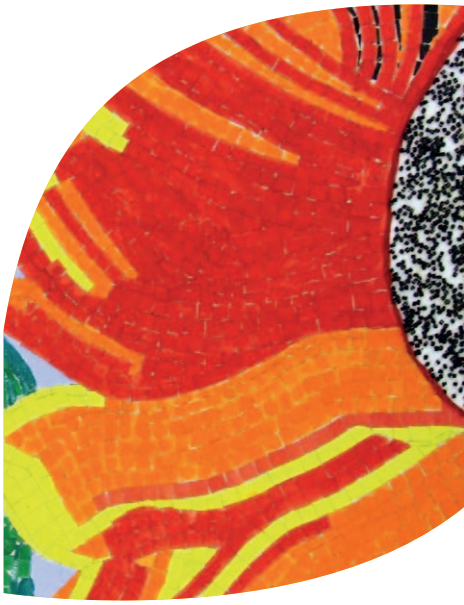
Care Pathway

Our combination of ward areas and a less restricted recovery ward area, all within a low secure setting, provides a seamless care pathway to support and empower patients as they move through their care journey.

Environment

The Farndon Unit is ideally situated within a greenbelt area with excellent transport links and proximity to the local town centre and amenities. Each patient has a private en-suite bedroom which can be personalised. We are able to offer patients significant recreational facilities, a fully equipped gymnasium, sports hall, information technology room, ADL kitchen, craft room, salon, café as well as access to courses via the Recovery College.

Patients take an active role in the day to day working of the hospital and are engaged in the local community.



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This information is available in different languages, Braille, Easy Read and BSL on request

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line: 0800 218 2398** or email: **referrals@elysiumhealthcare.co.uk**

To view our video tour, please visit **elysiumhealthcare.co.uk**

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