

Highclere Ward at Thornford Park

Low secure service for Older Adults

Thornford Park, Crookham Hill, Thatcham,
Berkshire, RG19 8ET

T: 01635 860 072

E: thornfordpark@elysiumhealthcare.co.uk



Service Overview

Highclere is a 17 bedded Low Secure Older Adult ward, providing care and treatment to men who have been detained under the Mental Health Act 1983 (amended 2007) and have a history of offending behaviour.

The service aims is to maximise and maintain the functional abilities of each individual who comes to Highclere ward. Through proactive nursing, backed by the multidisciplinary team we aim to minimise distress and provide a real and lasting difference to everyone we support.

Model of Care

Our Multidisciplinary team (MDT) offer a patient centred holistic approach which provides age appropriate specialist interventions to treat mental illness, risk and offending behaviour. With an emphasis on all aspects of the patients' health, including their physical and mental health inclusive of end of life care for long term patients. The team are dual trained and work alongside the Nurse Practitioner on site and the GP who visits twice a week.

The service is supported by an MDT consisting of Consultant Psychiatrist, Speciality Doctor, Registered Nurses, Healthcare Workers, Clinical Psychologist, Social Worker and an Occupational Therapy team. The MDT participate in ongoing training including dementia awareness, working with older adult mobility issues and complex and enduring mental health.

Care Pathway

We offer patient focused evidence based treatment, which is delivered by the MDT. We focus on relapse prevention approaches, both in groups and in individual therapy which assist the patient as they move through their journey. Our Occupational Therapy team work cohesively with patients to empower them and involve them in every step of their treatment offering a range of recreational and occupational activities that are tailored to each patients' needs. These are all encompassed within 'My Shared Pathway' which fosters patients' recovery with their involvement in their care and sharing responsibility.





Patient Profile

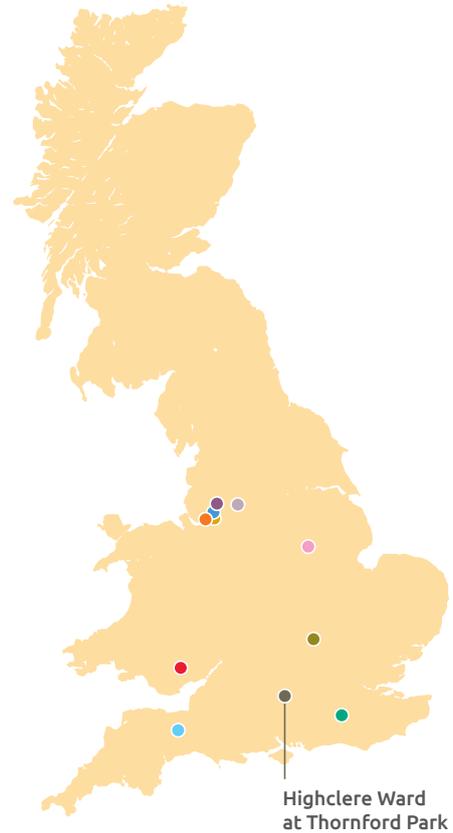
- Male aged 60 and above
- Detained under MHA 1983 and their risks are such that they require care and treatment in a low secure environment
- Older people who need significant physical care besides their mental health care within a low secure setting
- Older people with suspected neuro-cognitive disorder, for assessment
- Older people who require short-term assessment, and treatment along with those referred from other secure and non-secure psychiatric facilities, and from prisons and courts

Outcome and Risk Measures

Offending behaviour and related risks are assessed and regularly reviewed through the use of specific, evidence based assessments tools, such as the Historical Clinical Risk Management (HCR20-V3), Short Term Assessment of Risk and Treatability (START) and the Structured Assessment of Protective Factors for Violence (SAPROF) as well as offence specific assessment tools such as Risk for Sexual Violence Protocol (RSVP), Stalking Assessment and Management (SAM) and Spousal Assault Risk Assessment (SARA). We use a range of outcome measures that link in with the My Shared Pathway recovery journey, including the Health of the Nation Outcomes Scale (HoNOS - secure). The risk assessments related to offending behaviours mentioned above are regularly reviewed and as such, can demonstrate change. Psychological interventions, both group and individual interventions, may also involve service users completing pre and post psychometric measures which can demonstrate change.

Environment

Highclere's 17 bedrooms are age appropriate, to meet the needs of older people that may be frail and have mobility problems. It incorporates dementia friendly design and décor with direct access to outside space to meet the patient groups need for a therapeutic environment.



Secure Services:

- **Aberbeeg**, Abertillery
Male - Low Secure
- **All Saints Hospital Deaf MH**, Greater Manchester, Male - Low Secure
- **Arbury Court**, Cheshire
Female - Low / Medium Secure
- **Chadwick Lodge**, Buckinghamshire
Male and Female - Low / Medium Secure
- **Farmfield**, Surrey
Male - Low / Medium Secure
- **The Farndon Unit**, Nottinghamshire
Female - Low / Medium Secure
- **Gateway Recovery Centre**, Widnes
Male - Low Secure
- **St Mary's Hospital**, Greater Manchester
Male - Low / Medium Secure
- **The Spinney**, Manchester
Male - Low / Medium Secure
- **Thornford Park**, Thatcham, Berkshire
Male - Low / Medium Secure
- **Wellesley Hospital**, Somerset
Male and Female - Low / Medium Secure

