Elysium Healthcare

Oakley Ward
at Thornford Park

Secure integrated service for females with learning difficulties

Unnamed Road, Thatcham RG19 8DG

T: 01635 860 072
E: thornfordpark@elysiumhealthcare.co.uk

Service Overview

Oakley Ward, Thornford Park provides an integrated secure service for females with a diagnosis of a learning disability who may also present with complex mental health needs. They will also be detained under the Mental Health Act 1983 (as amended 2007).

The aim of the service is to work in partnership with the individual to achieve their optimum level of functioning, to maximise their quality of life by building on their existing strengths, facilitating the gaining of new skills and promoting personal development. To enable them to live in the least restrictive environment possible, while maintaining the safety of themselves and others.

Model of Care

Our experienced and dedicated Multidisciplinary Team (MDT) deliver patient centred, recovery focused models of care designed to meet individual need. Treatment pathways and plans are identified as early as practicable at the start of the pre-assessment process and are based upon a formulation of the person's need. As the service aims to reduce length of stay where possible, discharge planning and work starts at the time of admission and will include the setting of goals with timescales.

The ethos of Oakley ward is underpinned by Positive Behaviour Support with all individuals having a Positive Behaviour Support plan in place, as well as utilising the ethos of RAID (Reinforce, Appropriate, Implode, Disruptive) enabling each person to reach their goals and aspirations in living a meaningful normal life.

Everyone admitted to Oakley ward will be allocated an Occupational Therapist who will work with them to devise an individual programme of activities based on the maintenance of their existing skills and the development of new skills. The aim of sessions will be to encourage individuals to engage in a variety of meaningful and purposeful activities and provide opportunities for skill development. Each person will be supported to develop independent living skills, basic literacy and numeracy skills, pre-vocational/vocational and work skills as appropriate and work towards integration into the community.

Admission Criteria

- Females over the age 18
- Detained under the Mental Health Act 1983 (amended 2007).
- Diagnosis of a Learning Disability
- May have with a wide range of complex mental health needs
- May have a forensic or substance misuse history

Outcomes & Risk Measures

Offending behaviour and related risks are assessed and regularly reviewed through the use of specific, evidence based assessments tools, such as the Historical Clinical Risk Management (HCR20-V3), Short Term Assessment of Risk and Treatability (START) and the Structured Assessment of Protective Factors for Violence (SAPROF) as well as offence specific assessment tools such as Risk for Sexual Violence Protocol (RSVP)

We use a range of outcome measures that link in with the My Shared Pathway recovery journey, including the Health of the Nation Outcomes Scale (HoNOS - secure). The risk assessments related to offending behaviours mentioned above are regularly reviewed and as such, can demonstrate change. Psychological interventions, both group and individual interventions, may also involve service users completing pre and post psychometric measures which can demonstrate change.

The Occupational Therapy Service and interventions are underpinned by 'The Model of Human Occupation' (MOHO), which incorporates several standardised and non-standardised assessments. These assessments may be used to gather data on each individual's interests, assess their balance of activity, their level of motivation and volition and their occupational performance. Based on the outcome of these assessments, the Occupational Therapist may also be involved in providing evidence-based group work and individual sessions, designed to enable the practice and development of a range of skills in preparation for the next stage of the planned care pathway.

Psychological intervention is formulation-led and adapted to the treatment needs of the patients and can include a number of evidence-based interventions that are delivered on a group or individual basis.

Psychological interventions offered:

- Cognitive and behavioural therapy (CBT)
- Adapted offence related work including treatment for abnormal sexual behaviours
- Problem solving
- Trauma therapy
- Art and drama therapy
- Substance misuse
- Management of emotions.

Care Pathway

Oakley - Female integrated secure service Thornford Park

Elysium Care Partnerships – Complex Care Community based services

Environment

The environment is integral to the health and wellbeing of the patients and Oakley ward is in a spacious purpose-built, and attractive facility designed around the needs of the individuals.

Set in the spacious grounds of Thornford Park Hospital and well located to access local and regional amenities, facilities on site include:

- Spacious 12 bed unit all with en-suite bedrooms
- Open plan lounge leading onto a spacious garden
- Designated occupational therapy rooms
- Internal and external therapeutic and recreational areas including Gymnasium, Music Room, Education and IT rooms, Art Room, Therapy Garden, Athletic Track, ADL Kitchen and Café
- Multi-faith room
- GP who attends weekly or as needed
- Local chiropody, dental, dietician, and physiotherapy services

Elysium Healthcare

This information is available in different languages, Braille, Easy Read and BSL on request

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line: 0800 218 2398** or email: **referrals@elysiumhealthcare.co.uk**

To view our video tour, please visit **elysiumhealthcare.co.uk**

Part of Ramsay Health Care

1580/0223