Elysium
Mental Health
and Wellbeing

Enhanced Care, Community Housing
in West and North Yorkshire

For adults of all genders with complex mental health needs

Beech Grove, Sutton-in-Craven
North Yorkshire

Hurstfield House, Cowling
North Yorkshire

Ghyllside, Steeton
West Yorkshire

Greenhill, Steeton
West Yorkshire

Part of Ramsay Health Care

elysiumhealthcare.co.uk

An Overview

The enhanced care, community based provision supports people who have ongoing needs and whose risks, complexities and behaviours that challenge make it difficult to place in supported living and generic registered care services but do not require an inpatient hospital setting. The care embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice.

The community GP in the local area support staff to ensure any physical health needs are met and monitor the services users' physical health. Staff also monitor the physical health including weight, BP, pulse and respirations.

The Service is for those who:

Are currently living in the community, but require a period of time within a structured environment with intensive care and support to avoid a potential hospital admission. The service can also support people who are currently in hospital and require further support to progress to a more independent living setting.

Service Aims

The community houses provide a setting which encourages individuals with complex mental health needs to lead a full and valued life, enabling them to live more independently. This is achieved through a programme of active community engagement, developing meaningful social networks, managing risk and developing robust coping strategies.

All our community houses are specifically designed to provide individual bedrooms with en-suite facilities replicating an ordinary living setting. These allow for the development of daily living skills aimed at a move towards more independent living.

Our services offer person centred focused interventions to support recovery to better health and greater independence. We facilitate engagement in the community and the opportunity to develop new lifestyle choices to improve self-esteem and confidence and ensure people are living meaningful lives.

Our ethos is built upon a shared belief that the person is central to everything we do and we ensure we are responsive to service users changing needs, reviewing and revising plans to meet these needs. We value positive risk taking opportunities within a context of robust risk assessment and management to ensure those we support are kept safe.

Each of our services are staffed by an experienced team of professional Managers and Support Workers.

Each service has in place or access to Psychiatrists, Psychologists and assistants, Occupational Therapists, Speech and Language Therapists and advocacy.

Our services are well-led by caring, professional and experienced staff and our Senior Management Team (SMT) is always close to the service users, staff teams and Service Managers, so our care is developed in direct response to people's needs.

We measure the effectiveness of our interventions using a range of validated tools and by listening to and acting on feedback from the people we support, their carers, case managers and commissioners. We are committed to the continuous improvement of service delivery and providing services which meet changing demand.

Admission criteria

- Adults of all genders aged 18 or over
- Diagnosis of severe and enduring mental illness and complex needs
- Presenting with behaviours that challenge

Service users can be admitted either informally or on a Community Treatment Order (CTO).

Person Centred care

Person Centred care incorporates the following elements:

- Individually tailored recovery and rehabilitation support
- Care delivered and reviewed following My Plan
- Positive risk taking
- Strengths based approach
- Positive behaviour management strategies
- Access to meaningful and stimulating activity seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multi-agency and family partnerships to ensure a holistic package of care and pathway

Outcomes

The community houses aim to deliver the following outcomes:

- Improvements in quality of life though living a meaningful life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Effective management of behaviour and reduction of risk
- Good physical health
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into supported living if appropriate

Get in touch

To discuss our enhanced care in the community in more detail, arrange a visit or make a referral please call our 24 hour Referral Line on

0800 218 2398

or email **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

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