



Thornford Park

Specialised medium secure, low secure and
Psychiatric Intensive Care services for men.



Service Overview

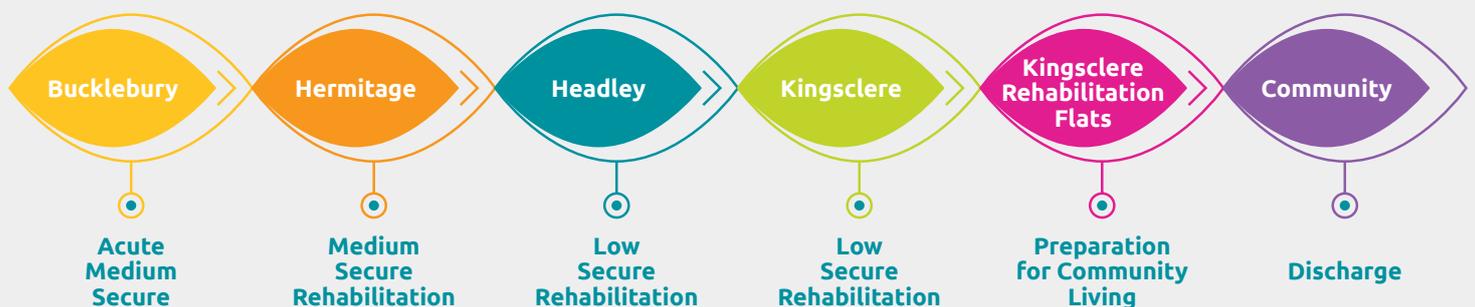
Thornford Park provides specialised medium secure, low secure and Psychiatric Intensive Care services for men who are detained under the Mental Health Act 1983 (amended 2007).

Services at Thornford Park:

- **Medium Secure** – Learning Disability – 10 beds
- **Acute Medium Secure** – Mental Health – 12 beds
- **Medium Secure Rehabilitation** – Mental Health – 14 beds
- **Enhanced Acute Low Secure** – Mental Health – 9 beds
- **Older Persons Low Secure** – Mental Health – 17 beds
- **Low Secure** – Autistic Spectrum Disorder (ASD) – 14 beds
- **Low Secure Rehabilitation** – Mental Health – 12 beds
- **Low Secure** – Acute Mental Health – 11 beds
- **Low Secure Assertive Rehabilitation** – Mental Health – 13 beds
- **Rehabilitation Flats** – Mental Health – 7 beds
- **Psychiatric Intensive Care Unit** – 10 beds



Mental Health Pathway



Model of Care

We deliver a service user centered, recovery focused model of care designed to meet individual need. Treatment options are identified from the point of the pre-admission assessment process, with the care pathway formulated in collaboration with the service user. Discharge planning is initiated from the point of admission with the service user actively involved in the process, including setting

their goals and timeframes for discharge. This ensures the service user is aware of what they need to do to achieve their recovery goals. All care pathways are Multidisciplinary Team (MDT) led, with a holistic focus that ensures all aspects of the service users' health are catered for, including their physical and mental health.

Recovery factors include:

- Good therapeutic relationships
- Mental health recovery and relapse prevention
- Physical health and well-being
- Overcoming problem and risk behaviours
- Recovery from substance misuse
- Developing and enhancing coping skills and strategies
- Setting clear goals for recovery through independence and empowerment
- Making feasible plans for the future
- Social inclusion and community engagement
- Real work opportunities onsite and in the community
- Education and learning life skills.

Outcome and Risk Measures Used

Offending behaviour and related risks are assessed and regularly reviewed through the use of specific, evidence based assessments tools, such as the Historical Clinical Risk Management (HCR20-V3), Short Term Assessment of Risk and Treatability (START) and the Structured Assessment of Protective Factors for Violence (SAPROF) as well as offence specific assessment tools such as Risk for Sexual Violence Protocol (RSVP), Stalking Assessment and Management (SAM) and Spousal Assault Risk Assessment (SARA).

We use a range of outcome measures that link in with the My Shared Pathway recovery journey, including the Health of the Nation Outcomes Scale (HoNOS - secure). The risk assessments related to offending behaviours mentioned above are regularly reviewed and as such, can demonstrate change. Psychological interventions, both group and individual interventions, may also involve service users completing pre and post psychometric measures which can demonstrate change.





Therapy and Activity Programmes

Programmes are tailored to individual need and our MDT works with service users to identify treatment options.

The range of treatment options:

- Psychotherapy
- Art Psychotherapy
- Behavioural Psychotherapy
- Cognitive Analytic Therapy (CAT)
- Cognitive Behavioural Therapy (CBT)
- Dialectical Behavioural Therapy (DBT)
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Rational Emotive Behaviour Therapy (REBT)
- Schema Focused Therapy (SFT)
- Drama Therapy

Environment

Thornford Park is set within 21 acres of Berkshire countryside, close to Hampshire, Wiltshire, Oxfordshire and Surrey. There are good railway links to London and it is situated close to the M4.

Each service user has a private en-suite bedroom, which they can personalise. There are a number of recreational facilities available, a horticultural garden, a fully equipped gym, sports hall, running track, music room, shop and the Thornford Education Academy, which runs in collaboration with Newbury College.

Service users take an active role in the day to day working of the hospital through participation in key meetings, staff recruitment, peer support and volunteering in various vocational work roles within the hospital and the local community.

Get in touch

For further information, to arrange a visit, or make a referral, please call our 24 hour referral line on **0800 218 2398** or email referrals@elysiumhealthcare.co.uk



This information is available in different languages, Braille, Easy Read and BSL on request

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To view our video tour, please visit
elysiumhealthcare.co.uk

 Part of Ramsay Health Care