Elysium Neurological

The Bridge Care Centre

Neurological Care and Rehabilitation

Who we are

At The Bridge Care Centre, Elysium Neurological provides specialised rehabilitation and care for people with acquired brain injuries, those diagnosed with complex neurological conditions, spinal cord injuries and individuals with complex healthcare needs.

The specialised team at The Bridge work alongside the person and their family carers to deliver personalised care and support.

Part of Ramsay Health Care

The Bridge Care Centre

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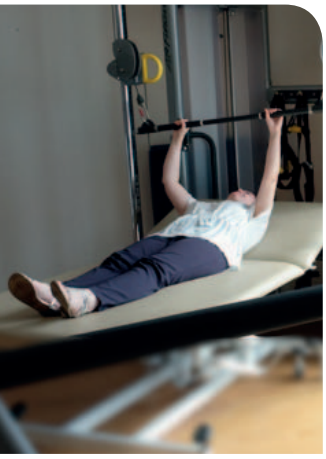
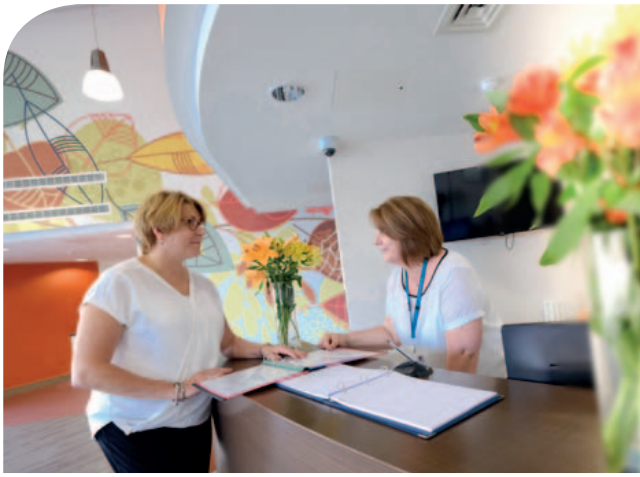


People we care for and support

The Bridge Care Centre provides specialised care and expert therapeutic interventions for people affected by neurological conditions. A neurological diagnosis can cover a wide range of specific conditions with an even wider range of symptoms.

Neurological disorders include but are not limited to:

- **Acquired Brain Injuries** for example: those acquired through trauma, stroke, subarachnoid haemorrhage, tumour or anoxia
- **Progressive Neurological Disorders** for example: Parkinson's Disease, Multiple Sclerosis, Motor Neurone Disease, Huntington's Disease, Progressive Supranuclear Palsy, Multiple System Atrophy, Corticolbasal Degeneration and Myasthenia Gravis.
- **Prolonged Disorders of Consciousness**
- **Spinal Cord Injuries**
- **Peripheral Neuropathy Conditions** for example: Guillain-Barré Syndrome, Lyme disease
- **Complex Respiratory Care Needs associated with a neurological condition** including residents with a tracheostomy and those requiring mechanical ventilator support
- **Complex Physical Care Needs associated with a neurological condition** for example: individuals with poor sitting balance, hemiplegia or tetraplegia
- **Complex Sensory Care Needs following neurological injury or incident**



Facilities at The Bridge Care Centre

The Bridge Care Centre is located in the heart of Middlesbrough providing excellent opportunities for residents to access the local community. The award winning building provides therapeutic spaces to support individual need, maximise independence, improve quality of life and promote social integration.

Building - Accommodation is set across four units on four separate floors providing a total of 40 beds. Spacious corridors lead to multiple communal areas on each floor and lift access provides easy access to all areas including outside spaces.

Grounds - Garden areas and outside space surround the purpose-built service providing ample free parking for all visitors and staff.

Bedrooms - There are individual bedrooms, each with large en-suite wet rooms and built in storage.

Therapy Areas - These allow residents to access the therapy team and therapeutic programmes supporting them in their recovery by maintaining their wellbeing with an improved quality of life. There are individual therapy areas, clinic rooms, a therapeutic gym and a fully operational Activities of Daily Living (ADL) kitchen which is used for the assessment and practice of domestic skills.

Gym - On site there is a fully equipped gym and together with specialised staff, residents are supported with their physical rehabilitation and mobility.

Hydrotherapy Pool - The buoyancy of the water in the pool helps to support body weight, which can relieve pressure on joints, reduce pain and increase movement.
In turn the warm water promotes muscle relaxation which can ease pain and make exercise and physical rehabilitation easier.

A **laundry service** is provided for all of our residents and **WiFi** is available.

Referrals / Enquiries:

24hr Referral Line: **0800 218 2398**
Email: **referrals@elysiumhealthcare.co.uk**

Expert Team

The Bridge Care Centre has a dedicated team of staff who provide person-centred care and support. Each person who comes to the centre has a personalised care and support plan which has been created in partnership with family carers. This ensures staff know about routines and activities of importance and enjoyment which are important to a resident.

The Multidisciplinary Team (MDT) is made up of:

- **Nursing staff**
- **Qualified SMART Assessors**
- **Physiotherapists**
- **Occupational Therapists**
- **Speech and Language Therapists**
- **Dieticians**
- **Healthcare Assistants**
- **Therapy Assistants**
- **Chefs**
- **Domestic Staff**
- **Support Staff**

Our team ensure that each resident receives the specialised interventions and support they need to achieve their individual goals and outcomes.

Dietary needs are met by our in house catering team, including modified, prescribed diets using the International Dysphagia Diet Standardisation Initiative (IDDSI) and other dietary requirements.

Outcomes

Nationally accredited outcome measures are used to monitor and evaluate progress through neurological rehabilitation. These include; The Functional Independence Measure and Functional Assessment Measure (FIM+FAM), The Therapy Outcome Measure (TOM) and The Wessex Head Injury Matrix (WHIM) which provides accurate assessment of people in and emerging from coma or in a minimally conscious state.

Qualitative information and data is derived through clinical observations and assessment drawing comparisons with pre and post therapy presentation.

Residents accessing long-term complex care pathways are monitored through a variety of clinical assessment tools appropriate to an individual agreed care plan.

Pathways

The spectrum of Elysium Neurological services across the UK covers the following five pathways for inpatient, residential care and respite stays for men and women over the age of 18.

Neurorehabilitation

Assessment, rehabilitation, flexible packages for ABI or neurological conditions

Complex Physical Conditions – as a result of a neurological problem

Including disorders of consciousness, spinal injury, tracheostomy care, ventilation and complex stroke

Neurobehavioural

Specialised behavioural programmes including people who may be detained under the Mental Act 1983 (amended 2007)

Neuroprogressive Conditions

Including Huntington's Disease, Motor Neurone Disease, Multiple Sclerosis and Parkinson's Disease

Complex Dementias

Including Frontotemporal, Pick's, Lewy Body, Korsakoff, young-onset or vascular

The Bridge Care Centre
offers pathways for the following:

- Neurorehabilitation
- Complex Physical Conditions
- Neuroprogressive Conditions

Care and Rehabilitation

The care and rehabilitation delivered encompasses the physical, psychological, cognitive, communication, emotional and social needs of each person. The centre offers a range of care and rehabilitation pathways which include:

- Neurological physical assessment and rehabilitation
- Multidisciplinary neurological rehabilitation
- Intensive or slow-stream post-acute rehabilitation
- Long-term complex care, including specialised nursing, complex physical care and complex respiratory care
- Sensory assessment and intervention complex care for people with disorders of consciousness including SMART assessment
- Cognitive assessment and rehabilitation for individuals with impairments to attention, memory, planning, sequencing and processing
- Risk assessment and management executive function
- Speech, communication, swallow assessment, oral health reviews and therapy for dysphagia, voice, communication and speech rehabilitation
- Effective management of complex disorders that may appear to challenge non-specialised services
- Respite and short breaks
- Palliative care
- End of Life care using the Gold Standard Framework
- Outpatient assessment and treatment

Feedback:

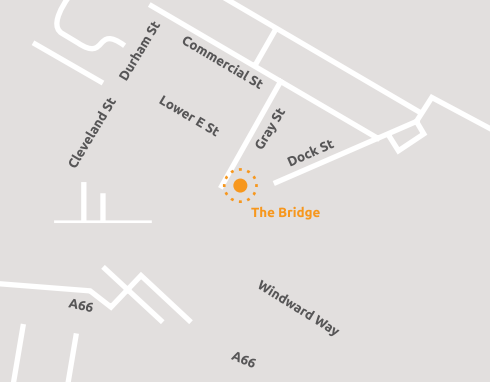
what people say about The Bridge

- *"They're always there quickly when I buzz. They come and do whatever I need them to."*
- *"Staff have worked to help me to improve my swallowing, I can swallow a little now"*
- *"The food is great, really good."*
- *"All the staff here are great, you can have banter with them all and good chats."*
- *"I get everything I need here. The staff are all so nice as well."*

Contact details:

The Bridge Care Centre
Lower East Street,
Middlesbrough, TS2 1SW

Tel: 01642 065160
Fax: 01642 243730



Referrals and Admission process

Referrals can be made by clinicians, commissioners, case managers or directly from family carers. We ask that as much information as possible is made available regarding the potential resident and their neurological condition. We want to make sure that we can respond to referrals appropriately from day one. Our clinical team will review the information as soon as it is received and if appropriate, will arrange to meet the potential resident to accurately evaluate specific and individual needs.

How to get to The Bridge:

The centre is located in Middlesbrough with easy access to the town centre and walking distance from the main railway station.

Get in touch

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line** on: **0800 218 2398**
or email: **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

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