Elysium Neurological

St Neots Neurological Centre

Who we are

Elysium Neurological provides specialist rehabilitation and care for adults with neurological conditions, Acquired Brain Injuries (ABI) and spinal cord injuries.

Based in the heart of Cambridgeshire, St Neots offers high quality, therapeutic rehabilitation pathways and nursing care to people aged 18 and over, who have an Acquired or Traumatic Brain Injury (ABI/TBI) or other neurological condition.

St Neots Neurological Centre provides assessment, treatment and complex physical healthcare for men and women with a range of neurological conditions and challenges including Progressive Neurological Conditions (PNC) such as Huntington's Disease, ABI and complex dementias. The highly experienced Multidisciplinary Team (MDT) based on site, also work with patients who present with pre-morbid mental health conditions and behaviours including; physical and verbal aggression, sexual disinhibition and disengagement from therapeutic interventions.

Situated on the borders of Cambridgeshire and Bedfordshire, the service is registered as a hospital and can accept patients who are detained under the Mental Health Act 1983 (amended 2007), have a Deprivation of Liberty or those who choose to stay informally.

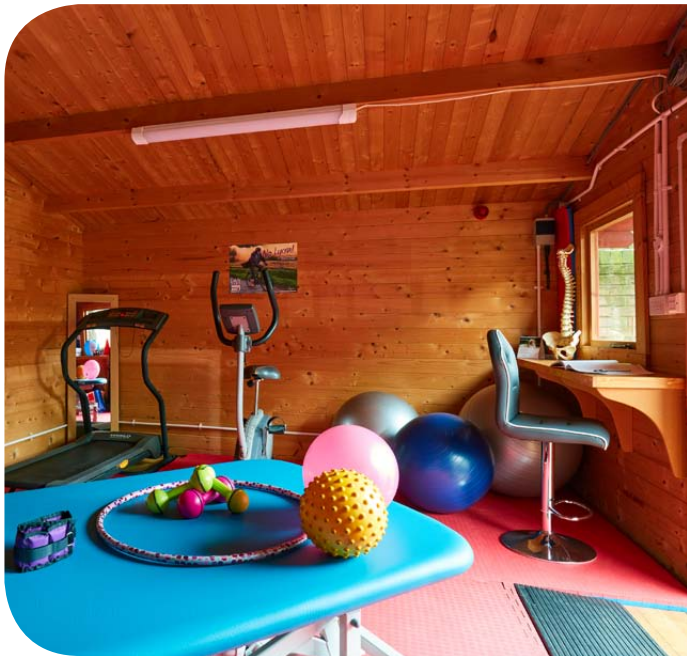
Part of Ramsay Health Care

St Neots
Neurological Centre

People we care for

A neurological diagnosis can cover a wide range of conditions with an even wider range of symptoms. St Neots provides bespoke care and treatment pathways for men and women affected by a neurological condition who may have complex physical needs or present with behaviour which requires a neurobehavioural response.
Diagnoses supported at St Neots include:

- Neuroprogressive conditions e.g. Huntington's Disease, Multiple Sclerosis and Motor Neurone Disease
- Brain injuries including those acquired through trauma or stroke, subarachnoid haemorrhage, tumour or anoxia
- Complex dementias such as Frontotemporal Dementia and Pick's Disease
- Korsakoff Syndrome and Wernicke's Encephalopathy
- Other complex neurological presentations requiring specialist hospital assessment and treatment



Accommodation

The service is divided into four individual units on two floors providing gender specific areas. A lift is provided to access the first floor if stairs pose a difficulty.

All rooms are individual which hold a toilet and hand wash facilities; showers and bathrooms are communal. Patients are encouraged to personalise their room to make it a familiar and comfortable space.

Each unit is slightly different providing communal and therapy areas, an Activities of Daily Living (ADL) kitchen and access to outdoor garden areas. Patients are supported to access therapy opportunities both onsite and in the local community.

Rowan

Rowan provides assessment, treatment and rehabilitation for men with a diagnosis of acquired brain injury, early to mid-stage neuroprogressive conditions or dementia. The MDT deliver structured programmes using a neurobehavioural model to ensure every opportunity is used to support the needs of each person, maintain or increase skills and minimise the impact of emerging behaviours on the person's day-to-day functional ability. The MDT supports well-planned, positive risk taking within a risk management framework to ensure people are supported in the least restrictive environment possible.

Feedback: what people say about us

"I am happy with my mother being here. The staff are fantastic!"

(Patient's relative 2024)

"I am very happy with the care he is receiving, and do not leave visits worrying about the care."

(Patient's relative 2024)

"Thank you for all that is being done for her, things have got so much better for her since coming here."

(Patient's relative 2024)

Maple

Maple supports women who have a diagnosis of ABI, a progressive neurological condition or a complex form of dementia who present with behaviours which include self-harm and absconding. As with Rowan, the team formulates individualised programmes that are delivered throughout the day and night by all disciplines to encourage positive outcomes for each person using principles of Positive Behavioural Support (PBS).

Willow

Willow supports men with a diagnosis of a neuroprogressive condition (mid to later stages), ABI or complex dementia. They may also present with complex physical health needs including those who require a PEG, have epilepsy, a physical illness or disability. The team on Willow work to preserve each person's independence for as long as possible and are skilled in the provision of palliative care when needed.

Cherry

Cherry provides treatment, care and support for women with more complex physical needs including those with a diagnosis of mid to later-stage neuroprogressive conditions. The team on Cherry are skilled in supporting women who may have greater support needs and require a focus on quality of life, preserving independence for as long as possible and individualised palliative care when needed. Falls risk management is a feature of the service with positive outcomes for prolonged independence and mobility.

Facilities

Therapy spaces - providing dedicated spaces to allow patients to work on the therapeutic aspects of their individual clinical programme either individually or as part of a group. These may be designed to increase or maintain functional everyday skills or specific rehabilitation goals agreed with the therapy team. Kitchen areas, therapy rooms and cabins in the main building or within the grounds provide a variety of opportunities to engage in therapy and social activities. We support patients to access facilities in the community as much as possible.

Grounds - Large gardens are available for patients to gain access to the outdoors. Weather permitting, the service holds regular BBQs, activities and social events in the gardens. Limited free parking is available onsite for staff and visitors. On-street parking is nearby when required.

Food and special diets - All dietary needs can be met by our experienced in-house catering team in collaboration with our Dietician and Speech and Language Therapist including modified diets and specific dietary requirements. Drinks and snacks are available at any time.

Laundry - is provided for all patients as part of the service. If people need to practise these skills as part of their programme, onsite facilities are available.

Wi-fi - is available for all patients following a risk assessment.

Pathways

The spectrum of Elysium Neurological services across the UK covers the following five pathways for inpatient, residential care and respite stays for men and women aged 18 and over.

Neurorehabilitation

Assessment, rehabilitation, flexible packages for ABI or neurological conditions

Complex Physical Conditions – as a result of a neurological problem

Including disorders of consciousness, spinal injury, tracheostomy care, ventilation and complex stroke

Neurobehavioural

Specialist behavioural programmes including people who may be detained under the Mental Act 1983 (amended 2007)

Neuroprogressive Conditions

Including Huntington's Disease, Motor Neurone Disease, Multiple Sclerosis and Parkinson's Disease

Complex Dementias

Including Frontotemporal, Pick's, Lewy Body, Korsakoff, young-onset or vascular

St Neots Neurological Centre offers the following:

- Neurorehabilitation
- Complex Physical Conditions
- Neurobehavioural
- Neuroprogressive Conditions
- Complex Dementias

Expert Team

The expert team of clinicians at St Neots has decades of experience of setting up and running neurological services with evidence-based programmes and positive clinical outcome data.

St Neots operates a MDT model which means that whilst individual clinicians have responsibility for formulating plans within their own specialism, everyone in the team delivers the therapeutic interventions across the traditional professional boundaries. This happens 24 hours a day, whenever opportunities present, maximising the potential for rehabilitation, increased and prolonged independence, maintenance or learning of new skills and quality of life.

The MDT comprises of Nurses, Rehabilitation Assistants, a range of highly skilled Therapists, Psychiatrists, Psychologists and support staff. Each person's care and treatment programme incorporates the required elements of MDT assessment and input as required to meet their needs.

Rehabilitation and care

St Neots Neurological Centre is committed to providing the highest standard of evidence-based neurological care, treatment and rehabilitation encompassing the physical, psychological, cognitive, emotional, behavioural and social needs of every person admitted to the hospital.

For men and women admitted for a period of assessment and rehabilitation following a brain injury, the initial 12 weeks focus on orientation and building a clinical rapport. During this time, the MDT will work through standardised assessment tools with the person and their family to establish baseline recordings. This data feeds into the formulation and design of their individual rehabilitation programme.

The MDT and full staff team deliver individualised programmes with a consistent approach to minimise behaviour that may prevent a person from engaging positively in their day-to-day life and relationships. We work with men and women with a range of complex physical needs including; physical disability, PEG, catheter, CPAP, COPD and seizures. The clinical team supports people with complex diabetes and other conditions who may require weight management programmes in conjunction with the Dietician, Speech and Language Therapist and onsite Chef.

Some patients are admitted with a comorbid mental health diagnosis that may pre-date the neurological event or diagnosis. The MDT includes a Consultant Psychiatrist and Associate Specialist who provide 24 hour input and advice to manage the psychiatric needs of the patients with additional support from a Consultant Neuropsychiatrist in the division.

We have a contract with a local GP Practice that provides a weekly onsite physical health clinic with access to other primary care services as required with a standard of seven days from referral to appointment.

Outcomes

A variety of service specific outcome measures are used to measure the progress of patients on different pathways. Most are global measures that provide an overview of the range of challenges experienced following an acquired brain injury or the degree of deterioration experienced by a person with a neuroprogressive condition. If you require more information on the outcome measures used in this service, please contact us.

The Team at St Neots Neurological Centre proactively manages the care, treatment and the discharge pathway for each person in conjunction with external agencies and family carers.

Contact details:

St Neots Neurological Centre
Howitts Lane, Eynesbury, St Neots,
Cambridgeshire, PE19 2JA

Tel: 01480 210210
Fax: 01480 406688
Email: stneots@elysiumhealthcare.co.uk

Referrals/Admission process

Referrals can be made by clinicians, commissioners, case managers or directly from family carers. We ask that as much information as possible is made available regarding the potential resident and their neurological condition. Our clinical team will review the information received quickly and efficiently and if appropriate, will arrange for a face to face assessment to enable the team to accurately evaluate the specific and individual needs each person requires.

How to get to St Neots Neurological Centre:

By Car: For GPS our postcode reference is PE19 2JA. St Neots Hospital is based in the heart of the community. Once in the drive St Neots is the building located to the left.

By Train: St Neots train station is based on the main east coast rail line and has a regular service into London. A 10 minute car ride will take you from the station to the hospital.

Get in touch

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line** on: **0800 218 2398**
or email: **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

Elysium Neurological

Part of Ramsay Health Care

1674/0824