Elysium
Mental Health
and Wellbeing

Castleholme Lodge

Care home with nursing

Part of Ramsay Health Care

elysiumhealthcare.co.uk

Welcome to Castleholme Lodge

Castleholme Lodge is a 20-bed care home with nursing for adults who have a primary mental health diagnosis. The service has been designed to meet the needs of people with complex, and severe and enduring mental health needs. Many people who come to Castleholme Lodge will most likely have spent significant portions of their lives receiving inpatient treatment.

The service has a full Multidisciplinary Team (MDT) consisting of Registered Nurses, Occupational Therapist, Occupational Therapy Assistant, Psychologist, Psychology Assistant, Healthcare Assistants, and support services staff.

All residents are registered with local primary care services for ease of access to a GP for health reviews and ongoing physical health treatment.

What we do:

Castleholme Lodge aims to equip people with the skills needed for community living, supportive relationships, and greater independence. Supported by a multidisciplinary team, residents are encouraged to build on their existing Activities of Daily Living (ADL) skills and develop new ones.

The lodge places a strong emphasis on fostering a sense of belonging through active community involvement and the development of meaningful social networks. In addition to on-site activities, residents receive graded support and exposure to build and refine their skill within the broader community.

What support we offer:

In collaboration with residents, families, and medical professionals, we develop customised support plans to maintain symptom stability and manage potential risks. Additionally, we promote social integration and independence by facilitating community engagement, whether through access to local amenities and services, involvement in community groups, or pursuit of vocational and educational interests.

Individuals with severe, long-term mental illness often experience fluctuations in their condition. The multidisciplinary team's expertise allows them to manage these fluctuations as they occur and, whenever possible, prevent the need for acute hospitalisation.

Our surroundings:

Castleholme Lodge set in the beautiful countryside of Huddersfield, West Yorkshire, offers a serene and picturesque setting for recovery. The area is known for its stunning landscapes, historic sites such as Castle Hill and the Tolson Memorial Museum, and a strong sense of community. You will have access to local amenities and opportunities for outdoor activities, fostering a connection with the surrounding community and environment.

The en-suite bedrooms at Castleholme Lodge are spacious, providing both living and sleeping areas for residents. The lodge offers a warm, homely atmosphere with various communal spaces, a fully equipped kitchen for residents, and expansive gardens. As a community-focused service, Castleholme Lodge supports residents in accessing local amenities.

Who do we support:

- All genders aged 18 + who have a primary mental health diagnosis with enduring and complex mental health needs

Get in touch

For further information, to arrange a visit, or make a referral, please call our 24 hour referral line on **0800 218 2398** or email **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

Spring Wood Lodge
4 Bryan Road
Edgerton, Huddersfield
West Yorkshire HD2 2AH

T: **01484 507590**
E: **castleholme@elysiumhealthcare.co.uk**

elysiumhealthcare.co.uk

Elysium Healthcare

Part of Ramsay Health Care

1682/1024