Elysium Healthcare

Arbury Court
Primrose Apartment

Townfield Lane, Winwick, Warrington, Cheshire, WA2 8TR

T: 01925 400 600
E: arburycourt@elysiumhealthcare.co.uk

Primrose Apartment provides a unique and innovative approach to providing rehabilitation care and quality of life for women for whom a traditional ward setting is not suitable to their needs. The single apartment and clinical approach places the patient at the heart of the care and treatment provided.

The model of care is based on building on existing strengths, learning new skills and optimising autonomy and choice. The service takes a positive approach to supporting management of behaviours that may challenge, in the least restrictive way. We operate within the principles of least restrictive practice with consideration to individual differences and needs.

Service at a glance:

- 2 **Level 2** service
- **1-bed** apartment
- Service for **women**
- 18+ Age **18** and over

Who we support

The service is for women with mental health rehabilitation needs who may find current services challenging to make progress and for whom the current models do not meet their needs.

All referrals are comprehensively assessed by the clinical team and a decision made on service delivery. Individuals would be cared for under the Mental Health Act 1983 (amended 2007) and aged 18 and over.

What we do

Aligned with the Level 2 mental health rehabilitation standards, Primrose Apartment at Arbury Court Hospital, delivers care in accordance with Elysium KITE values and its Model of Care.

Primrose Apartment is committed to embody kindness, integrity, teamwork, and excellence in all areas of service delivery. This includes how we treat each other, our key stakeholders, external care teams and families/carers. We strive to create a nurturing environment where patients feel valued, heard, and supported.

The clinical team ensure person-centred rehabilitation and care, being responsive to individual needs. Patients are encouraged and supported to collaborate in determining their rehabilitation pathway.

What support we offer

Our dedicated team facilitate stabilisation and promote recovery, with the goal of fostering independence, empowerment and promoting quality of life. Interventions and treatment approach will be based on best practice and evidence-based guidelines.

The team

Patients benefit from access to a trans-disciplinary team, which comprises of a **Psychiatrist**, **Nurses**, **Psychologist**, **Social Worker** and an **Occupational Therapist.**.
There are other members of the team, these include: **Healthcare Workers**, **Technical Instructors**, **Physical Health Nurse**, **GP**, **Advocacy**, **Regional Dietician**, **Speech and Language Therapist**.

Enabling individuals to reach full potential

The service offers rehabilitation to women with mental health difficulties. The clinical team ensures that patients are supported to gain access to additional help and services to allow their recovery to continue with the goal of community reintegration, at a pace suitable to their needs. Clear aims, outcomes and discharge planning are agreed prior to women coming to the Primrose Apartment.

There is a holistic approach to delivering care, individually agreed for the best interests and progression of the patient. The care reflects what the individual, in partnership with the clinical team, believe will be of benefit to them. Regular reviews of care and treatment in Individual Care Reviews (ICRs) and Care Programme Approach (CPAs) meetings take place.

The spacious apartment, includes a living area, a kitchen for individuals to maintain life skills, and areas for leisure pursuits according to individual need. Patients have access to an extensive range of therapeutic facilities on site, including a fitness suite, hair and beauty salon, art studio and other occupational therapy facilities, as well as access to a wide range of therapeutic interventions.

The focus is on strengths and therapeutic risk taking which creates opportunities for patients to develop independence and self-management skills. Primrose Apartment team offer bespoke support to patients to maintain meaningful relationships with family and friends. Patients are supported to have regular access to community services in line with individualised rehabilitation plans.

How to make a referral:

24h referral line
0800 218 2398

Send an email to:
referrals@elysiumhealthcare.co.uk

To view our video tour, please visit
elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used are of similar services at Elysium and are intended as a guide.

Elysium Healthcare

Kindness Integrity Teamwork Excellence

Part of Ramsay Health Care

1688/1124