Elysium Healthcare

Rosebank House

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Rosebank House is a Level 1 inpatient rehabilitation 13 bed service for men and women with a primary diagnosis of mental health problems.

The team provide support for individuals with schizophrenia including treatment resistant, schizoaffective disorder, depression and anxiety. They may also have a secondary diagnosis including alcohol, drug and substance misuse, behavioural disorders such as compulsive obsessive disorder (OCD), attention deficit hyperactivity disorder (ADHD), bipolar, panic disorder and autism. Patients may have a forensic history or be stepping down from secure services. The environment allows the team to work with a range of patients in the least restrictive setting, according to their needs.

Service at a glance:

- **Level 1** service
- **13** beds total
- Service for **men and women**
- Age **18** and over

Who we support

The service supports men and women:

- Age 18 and over
- Who can be Informal, on a CTO or detained under the Mental Health Act 1983 (amended 2007)
- Who have a primary mental health diagnosis
- Who have secondary diagnosis that may include alcohol, drugs and substance misuse, behavioural disorders, mild learning disability and autism
- Who may present with behaviours that challenge
- Who have or will be working towards unescorted leave
- Who will be able to or working towards being fully independent in Activities of Daily Living (ADL)
- Who will be able to or working towards self-catering
- Who will be able to or working towards self-medication
- Who have a history of trauma
- Who may have a forensic history and/or be stepping down from high dependency rehab or secure services
- Who may have a history of repeated acute admissions
- Who may be stepping up from failed community placements

What support we offer

Rosebank House provides an eclectic model combining a range of interventions to create individualised care and treatment plans to meet the needs of patients to empower them in their recovery. We offer Cognitive Behavioural Therapy (CBT) for Psychosis, Trauma-focused interventions, Substance misuse and recovery work and Motivational Interviewing (MI).

Enabling individuals to reach full potential

The pathway aims to promote recovery and improve the patients everyday functioning supported by a Multidisciplinary Team (MDT).

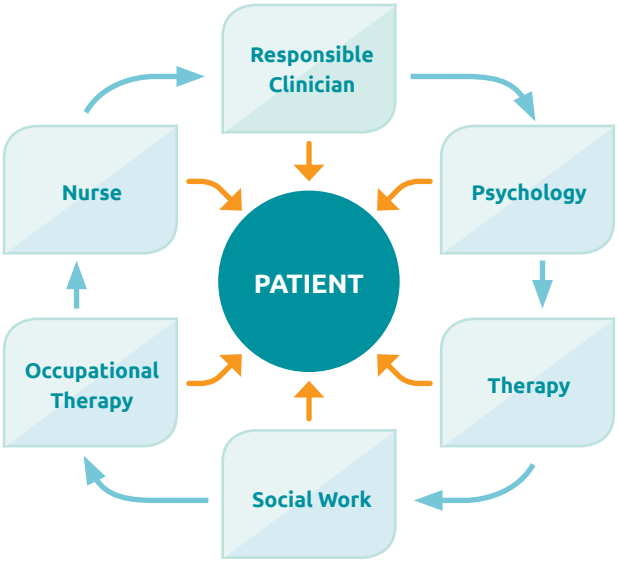
Individuals are encouraged to co-produce their therapeutic programme and their own rehabilitation pathway. At each stage in care pathway individuals identify and develop their own treatment needs and how to achieve their goals.

Each patient's individual risk is assessed through a range of tools to support management of behaviours that challenge. This promotes each patient's strengths, encouraging engagement in occupational and vocational activities to enhance their recovery. The aim of this is to provide hope for a meaningful life in the community.

Our surroundings

The service is in the heart of the community with good transport links for access into Reading. It is an ideal environment for rehabilitation balancing therapeutic support with community integration. The proximity to local shops, cafés, and leisure facilities offers patients valuable opportunities to engage with the community as an integral part of their recovery journey.

The team



How to make a referral:

24h referral line
0800 218 2398

Send an email to:
referrals@elysiumhealthcare.co.uk

Elysium Healthcare

Kindness Integrity Teamwork Excellence

To view our video tour, please visit
elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used are of similar services at Elysium and are intended as a guide.

Part of Ramsay Health Care

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