

Victoria Gardens

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Victoria Gardens is a Level 2 rehabilitation service for men and women, aged 18 years and over. We have expertise in working with patients with enduring mental illness who may have co-morbid diagnoses including learning disability and/or autism and behaviours that challenge. Patients at Victoria Gardens may also have a forensic history or have had extensive stays in other hospital environments.

We aim to support the patient to move to supported accommodation or independent living into the community. Successful delivery of our rehabilitation outcomes is accomplished by having a skilled workforce, strong therapeutic relationships with patients that are built upon trust, respect, compassion, and mutual expectations.

Service at a glance:

2 Level 2 service

 31 beds total

 Service for men and women

 Age 18 and over



Who we support

Victoria Gardens has one rehabilitation ward for women and two rehabilitation wards for men that have different support needs, and may form part of a pathway during the patient's admission. In addition, there are four flats in which patients can make progression promoting independence, in which the Multidisciplinary Team (MDT) will work with the individual to enhance the patient's individual skills. Patients may be admitted directly to a ward or a flat.

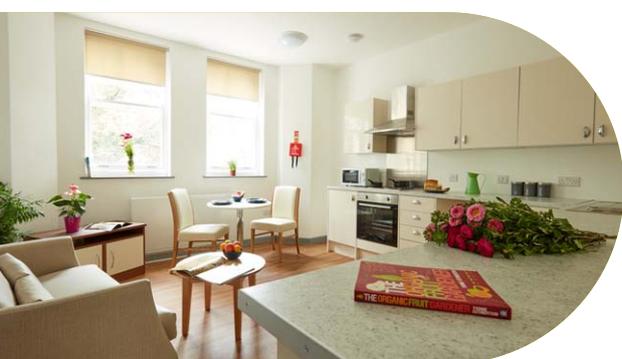


What we do

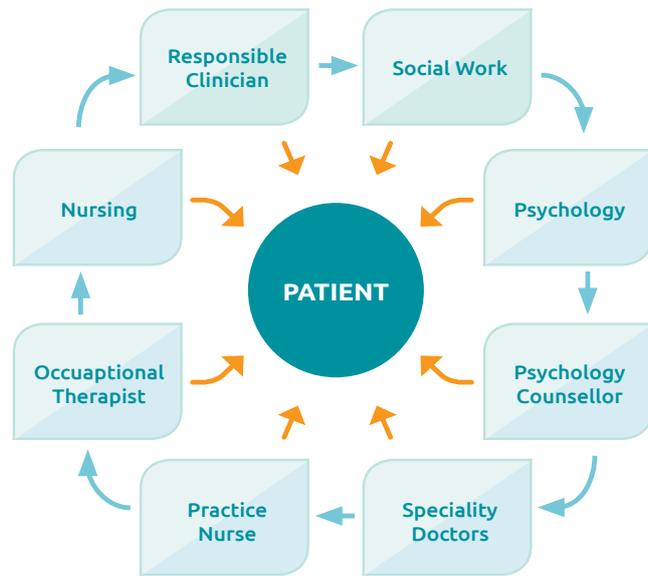
Trauma awareness is at the forefront of the service development within Victoria Gardens. We work towards the principles of trauma awareness, with the aim to become a trauma informed service. Staff across all departments are engaged in trauma training which will become part of the ongoing training programme to upskill staff to maximise care delivery.

What support we offer

Victoria Gardens has a strengths-based approach to delivering safe and effective care, treatment and rehabilitation. We aim to improve patients' experience and outcomes by understanding the impact adverse life events may have on patients' mental health and seek to provide physical, psychological, and emotional safety, prevent re-traumatisation and allowing patients to address past trauma and develop skills to live in the community. Individually tailored treatment plans help patients to develop skills to enable them to rebuild a sense of control and empowerment in their lives. Staff from all disciplines engage in tailored trauma awareness training and follow evidence-based action plans to develop and embed a trauma informed approach across all aspects of the service.



The team



Enabling individuals to reach full potential

Our psychology department are trained to deliver a range of psychological therapies, including:

- Eye Movement Desensitisation and Reprocessing (EMDR)
- Dialectical Behavioural Therapy (DBT)
- Schema and Cognitive Behavioural Therapy (CBT)
- A complex trauma pathway is also available to patients to address and treat past trauma
- Drug addiction therapy
- Fire Setting and others as necessary
- Within the MDT now we also have a Clinician who can offer Attention Deficit Hyperactivity Disorder (ADHD) assessments and Autism Diagnostic Observation Schedule (ADOS). Cognitive functioning assessments are also available including Wechsler Adult Intelligence Scale (WAIS), Behavioural Assessment of the Dysexecutive Syndrome (BADS), Delis-Kaplan Executive Function System (D-KEFS), Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

Individual Occupational Therapy programmes are designed to support people in meeting their rehabilitation goals. This includes vocational, educational and leisure opportunities. Using community services whenever possible, people are encouraged to prepare for discharge by building links with support services according to their needs and interests. A Model of Human Occupation Screening Tool (MOHOST) is completed with a patient throughout their admission to measure progress and review goals.

How to make a referral:



24h referral line
0800 218 2398



Send an email to:
referrals@elysiumhealthcare.co.uk



To view our video tour, please visit
elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request