Elysium Healthcare

Asher House

A specialist community based service for people with a learning disability and/or autism

Overview

Asher House is part of our Learning Disability and Autism division and is a registered care service with nursing which embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. The service is for men and women with learning disabilities, autism and sensory and communication impairments. We are specialists in working with complex needs and behaviours which challenge services.

The unique building design at Asher House provides six bespoke single person apartments and communal spaces including, lounges, dining room and laundry. Each apartment has its own lounge / diner and bedroom with ensuite wet room. There is also an enclosed shared garden for service users to enjoy.

The service is designed for those individuals who require a high level of support to live within a community setting, stepping down from hospital or children's services, or stepping up, from a community placement to avoid an inappropriate hospital admission. The service aims to support people to return to their family or home area.

Person-centred care incorporates the following elements:

- Individually tailored support
- Strengths based approach
- Positive Behaviour Support (PBS)
- Staff trained in responding to behaviours that challenge
- Access to meaningful and stimulating activity, including vocational and educational opportunities
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway

Service Outcomes:

- Supporting individuals to achieve their personal goals and aspirations
- Enhanced quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Reduction of risk and behaviours which challenge
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth

About Asher House

The service is located in Walton-on-the-Naze on the north east Essex coast. This seaside town has a good range of local amenities including, shops and leisure and primary care facilities. Walton-on-the-Naze is half an hour from Colchester by car or public transport and has good transport links throughout the county.

About Elysium Learning Disabilities & Autism

Elysium Healthcare provides a range of specialist services to people with learning disabilities, autism and complex needs. Our community-based services deliver specialist care that meets Transforming Care priorities and are tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties. Asher House also provides expert nursing care and support for people with complex needs and behaviours that challenge, such as mental health needs and personality disorder.

These community based services provide a structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood.

A number of our service users will move on from here to more independent settings such as supported living, however some will be cared for longer term.

For further information or to discuss a potential referral please dial our 24 hr referral line on **0800 218 2398**
Alternatively you can email referrals@elysiumhealthcare.co.uk or elys.referrals@nhs.net

This information is available in different languages, Braille, Easy Read and BSL on request

To view our video tour, please visit **elysiumhealthcare.co.uk**

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Elysium Healthcare

Part of Ramsay Health Care

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