Elysium Healthcare

Tydfil House

A specialist recovery and rehabilitation step-down service

Tydfil House, 46 Merthyr Rd, Abergavenny, NP7 5BY

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Overview

Nestled in the charming market town of Abergavenny, Tydfil House is a warm and supportive residential service offering a peaceful step-down environment for adults transitioning from hospital care.

With four beautifully appointed en suite bedrooms, we provide a calm, homely setting where individuals, can rebuild confidence, regain independence, and focus on personal co-produced recovery goals.

We offer a highly individualised, person-centred approach that promotes independence, autonomy, and long-term stability, making us a reliable partner in supported recovery. We work with residents, not for them, empowering them to shape their own recovery journey.

Candour
Honesty
Openness
Independence
Collaboration
Empowerment
Support

Who we support

We welcome referrals for men and women aged 18 and over who may present with:

- A primary diagnosis of mental illness
- Co-existing neurological or long-term physical health conditions
- Dual diagnosis including mild learning disabilities
- Informal or detained under the Mental Health Act 1983 (amended 2007)
- A requirement for continued structured support in a less restrictive environment

Facilities and surroundings

Tydfil House offers a comfortable and therapeutic residential setting, designed to promote recovery, independence, and wellbeing. The house includes four fully furnished bedrooms, one of which is located on the ground floor with en suite facilities, making it accessible for individuals with physical health needs.

Communal areas, including a shared lounge and kitchen, are available for all residents and support the development of daily living skills. Each resident is encouraged to personalise their space and take ownership of their routines, fostering a sense of autonomy and belonging.

Located in the picturesque town of Abergavenny, within the Brecon Beacons National Park, Tydfil House benefits from a peaceful setting with easy access to local amenities, leisure opportunities, and strong transport links to Cardiff, Newport and Hereford.

What we offer

Each resident at Tydfil House receives a tailored rehabilitation plan built around their individual needs, goals, and aspirations. We support development of life skills, build confidence and provide access to learning and volunteering opportunities. Our approach is collaborative, working with the community teams, families and professionals to ensure every step toward independence is well supported.

We place a strong emphasis on personal empowerment, community inclusion, and the ability to thrive in everyday life, all within a safe, calm and structured environment.

Our Team

There is ongoing input from our team at Tydfil House, in collaboration with the Multidisciplinary Team (MDT) based at Ty Gwyn Hall which includes:

- A dedicated Responsible Clinician
- Speciality Doctor
- Physical Health Nurse
- Psychologist
- Social Worker
- Occupational Therapists
- Mental Health Act Assessor

Ensuring continuity of care and a smooth transition from hospital to community living.

Referral information

Tydfil House forms part of the wider Elysium Healthcare pathway. We work closely with NHS commissioners, local authorities, and families to ensure smooth, well-supported transitions from more restrictive settings.

How to make a referral:

24h referral line
0800 218 2398

Send an email to:
referrals@elysiumhealthcare.co.uk

elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Elysium Healthcare

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