Elysium
Learning Disabilities and Autism

Ann House

Specialist Community Based Care Home with Nursing

Ann House, Ann Street, Kendal, Cumbria, LA9 6AA

T: 01539 730 551
E: info@elysiumhealthcare.co.uk

Overview

Ann House provides registered nursing care across two dedicated units, each accommodating eight residents for a total capacity of 16 beds.

Both of these units have en-suite bedrooms and communal lounges, dining rooms and laundries. Ann House benefits from the multidisciplinary support of Registered Manager, Deputy Managers, Nurses, Psychologist, Occupational Therapist, Therapy Assistants and Support Workers.

Ann House provides a homely and spacious environment which replicates an ordinary living setting. This service design encourages individuals to maintain their own living space and encourages the development of daily living skills aimed at a move towards more independent living.

What we do

We provide a specialist community-based provision with individual bespoke care packages which are person-centred, and outcome-focused. This enables people with continued behaviours of concern and high support needs to be cared for in the least restrictive setting possible, but within a service which is bespoke and structured enough to meet their ongoing needs and risks. We promote active engagement in the community and the opportunity to develop new lifestyle choices to improve self-esteem, confidence and lead a good and meaningful life. Individuals may move on to their own home, supported living or residential settings.

Service at a glance:

- **Care Home** with Nursing
- **16** En-suite bedrooms
- Service for **all gender** identities
- **Age 18** and over

The service works collaboratively with all relevant external stakeholders including community teams, so that individuals receive multidisciplinary care and support.

Our Approach:

- Individually tailored support
- Holistic and person-centred care planning
- Positive risk taking
- Strengths based approach
- Positive behaviour support
- Access to meaningful and stimulating activities seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Multi-agency, family and partnerships involvement to help progress along care pathway

The outcomes we expect to see include:

- Improvements in quality of life
- Greater choice, control and independence
- Social inclusion through active community, family and friends' engagement
- Reduction of risk
- Improved physical health by working closely with the local GP and community services
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into a supported living if appropriate

Who we support:

- All gender identities who have a learning disability or who are autistic, age 18 and over
- Individuals who may have additional complex physical or mental health needs with ongoing risk, with a primary diagnosis of a learning disability or autism
- Those who require a high level of support in a structured environment
- People transitioning from a hospital setting who require further support to progress to more independent living
- Those with Deprivation of Liberty Safeguards (DoLS) and Guardianship orders

About Ann House

Ann House is located in the town of Kendal, situated to the South of the Lake District and around six miles from junction 36 of the M6 motorway.

Ann House is located within five minutes walking distance of the town centre, where there is a good range of local amenities and facilities. It is also within easy walking distance to the main bus station and Kendal train station, therefore providing good transport links.

For further information, or to discuss a potential referral:

Please dial our 24h referral line on:
0800 218 2398

Alternatively you can email:
referrals@elysiumhealthcare.co.uk
or: elys.referrals@nhs.net

elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used may include other Elysium locations and are intended as a guide.

Elysium Healthcare

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