Elysium
Learning Disabilities and Autism

Bradley Complex Care

A specialist inpatient hospital for adults with complex needs

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Overview

Bradley Complex Care provides a specialist service for adults who have a learning disability or who are autistic with additional needs that require an inpatient stay under the Mental Health Act 1983 (amended 2007).

The bespoke accommodation provides communal shared apartments and individual apartments, depending on the needs of the individual. These settings enable bespoke care to be delivered for the individual and risks and behaviours to be more effectively supported.

The use of increased relational security enables the people we support to have increased freedom and choice in this setting. This is achieved through our care packages, which are individualised through the initial and ongoing assessment processes, in consultation with the commissioners, the people we support and those that are important to them such as families/carers and other external professionals.

Our service is staffed by a dedicated and highly specialist team which includes:

Nursing and care staff, **psychiatry**, **psychology**, **occupational therapy**, **speech and language therapy**, **sensory integration** and **dietetic input**.

Service at a glance:

Hospital

Total of **20** beds (single and shared apartments)

15 Shared apartments

Service for **all gender** identities

Age 18 and over

The outcomes we strive to achieve include:

- Ensuring each individual has opportunities to achieve their full potential
- Improvements in quality of life though living a meaningful life that is person-centred to their needs and choices
- Greater choice, control and independence
- Active community engagement and social inclusion
- Effective understanding/ management of behaviour
- Reduction of risk
- Good physical health
- Improved self-esteem and self-worth
- Dignity and respect
- Preparation and successful transition into a less restrictive setting
- Avoidance and reductions of further hospital admissions

Our outcome measures include but are not limited to:

- Functional Assessment, which includes completion of a formal assessment, observations and reviews of incident/behavioural data to produce hypotheses regarding functions of behaviour and an overview of the frequency/intensity of behavioural distress over time
- Measures of quality of life that are relevant to the individual's needs such as the Maslow Assessment of Needs Scale (MANS-LD Skirrow & Perry, 2009), (Mini MANS-LD, Raczka, Theodore & Williams, 2013)
- Measures of mental ill health and psychological wellbeing including trauma experience that have been validated for use with people who have a learning disability or who are autistic
- Risk assessments specifically for individuals who have a learning disability or who are autistic
- Strengths and skill-based assessments
- Any other measures that are identified by teams through the clinical formulation process and are relevant to the needs of the individual

About Bradley Complex Care

Bradley Complex Care is located in Bradley, Grimsby, Northeast Lincolnshire. The location provides a more relaxed local environment than a busy inner-city setting to enable patients to engage in their therapeutic programme, thus increasing the pace of recovery and speeding up discharge.

Bradley is just 90 minutes by car from York, Sheffield and Mansfield.

For further information, or to discuss a potential referral:

Please dial our 24h referral line on:
0800 218 2398

Alternatively you can email:
referrals@elysiumhealthcare.co.uk
or: elys.referrals@nhs.net

To view our video tour, please visit **elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

Elysium Healthcare

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