Elysium
Learning Disabilities and Autism

Healthlinc Apartments

Specialist Community Based Care Home with Nursing

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Overview

Healthlinc Apartments provides a homely and spacious environment which replicates an ordinary living setting. This service design encourages individuals to maintain their own living space and encourages the development of daily living skills aimed at a move towards more independent living.

Set within their own grounds in a quiet residential area, Healthlinc Apartments offers three ensuite bedrooms and four bespoke single person apartments.

There is a communal lounge with patio doors that open out onto the rear garden, a kitchen and a quiet lounge. There are extensive private rear gardens with a summer house and patio areas with seating.

The team is made up of the Registered Manager, Deputy Manager, Nurses, and Support Workers.

Service at a glance:

- **Care Home** with Nursing
- **3** En-suite edrooms
- **4** Single person apartments
- Service for **all gender** identities
- **Age 18** and over

What we do

We provide a specialist community-based provision with individual bespoke care packages which are person-centred, and outcome-focused. This enables people with continued behaviours of concern and high support needs to be cared for in the least restrictive setting possible, but within a service which is bespoke and structured enough to meet their ongoing needs and risks. We promote active engagement in the community and the opportunity to develop new lifestyle choices to improve self-esteem, confidence and lead a good and meaningful life.

The service works collaboratively with all relevant external stakeholders including community teams, so that individuals receive multidisciplinary care and support. Please refer to our clinical model of care for more information.

Our Approach:

- Primary Nurse and Support Worker model of support
- Individually tailored support
- Holistic and person-centred care planning
- Positive risk taking
- Strengths based approach
- Positive behaviour support
- Access to meaningful and stimulating activities seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to an Independent Advocate
- Multi-agency, family and partnerships involvement to help progress along care pathway

The outcomes we expect to see include:

- Improvements in quality of life
- Greater choice, control and independence
- Social inclusion through active community, family and friends' engagement
- Reduction of risk
- Improved physical health by working closely with the local GP and community services
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into a supported living if appropriate

Who we support:

- All gender identities who have a learning disability or who are autistic, age 18 and over
- Individuals who may have additional complex physical or mental health needs with ongoing risk
- People currently living in the community who due to crisis require a period of person-centred, intensive care and support
- Those who require a high level of support in a structured environment in order to avoid a hospital admission
- People transitioning from a hospital setting who require further support to progress to more independent living
- Those who are supported through Community Treatment Orders (CTOs), Deprivation of Liberty Safeguards (DoLS) and Guardianship orders

Environment

Healthlinc Apartments is located in Welton, Lincolnshire.

The village of Welton has a number of local amenities, such as shops, cafes, a library and church and is a relaxed local environment.

Welton is situated within 20 minutes' drive of Lincoln City Centre and around one hour's drive away from Nottingham, Doncaster, Hull and the seaside resort of Skegness.

For further information, or to discuss a potential referral:

Please dial our 24h referral line on:
0800 218 2398

Alternatively you can email:
referrals@elysiumhealthcare.co.uk
or: elys.referrals@nhs.net

elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used may include other Elysium locations and are intended as a guide.

Elysium Healthcare

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