Elysium
Learning Disabilities and Autism

Martham House

Specialist Learning Disability & Autism
Community Based Living

Martham House, Princes Road, Redhill, Surrey, RH1 6JJ
///enhancement.always.door

T: 01737 826 530
E: info@elysiumhealthcare.co.uk

Overview

Martham House provides a specialist residential service for all gender identities who have a learning disability, or who are autistic, and have behaviours which, due to their diagnosis may be of concern/distress.

As well as supporting individuals who have a learning disability or who are autistic, we are specialists in working with additional complex needs including:

- Epilepsy
- ADHD
- Cerebral palsy
- Self-injurious behaviours
- Prader-Willi syndrome
- Individuals who may have limited hearing or sight
- Individuals with mobility issues who may require a wheelchair can also be considered for the service

The service is staffed 24 hours a day by a dedicated team of Support Workers, led by an experienced Registered Manager.

Service at a glance:

- **Residential Service**
- **10** En-suite bedrooms
- Service for **all gender** identities
- **Age 18** and over

What we do

The service is designed for those individuals who require a high level of support to live within a community setting and will continue to require this longer term. Clients may be transitioning from children's residential services, education, or moving out of the family home.

We are also experienced in successfully managing clients moving from services where their placements may have broken down or where their needs are no longer being met.

The aim of the service is to encourage individuals to lead a full and purposeful life, enabling them to live more independently in the heart of the community. This is achieved through a programme of active community engagement, that promotes meaningful social networks and the development of bespoke coping strategies. This also supports developing further independence and social skills, including participating in meal preparation, learning about safety measures both in their environment and out in the community.

All residents are registered with the local GP which allows access to specialist Clinicians.

We are proud of the excellent relationships with the families/carers and friends of the individuals we support, who are encouraged to play an active part in the lives of their loved ones.

About Martham House

Martham House is situated in Redhill, Surrey and provides ten en-suite bedrooms, two lounges, a dining room and a large garden. There is an excellent range of community facilities and amenities close by including an activity complex that houses bowling, cinema, rock climbing, arcades and golf.

There are supported tailored activities available through the YMCA such as dance, trampoline, multi sports and regular discos. There are also several local pub, restaurants and social clubs, as well as nature walks and horse riding. Redhill has direct train access to London and Brighton and the M25 and M23 motorways are three miles away.

What support we offer:

- Individual, tailored, person-centred care and support
- Multiagency & family partnerships for a holistic care pathway
- Active service user and family involvement in care planning
- Positive Behaviour Support (PBS)
- A bespoke governance system with an emphasis on safeguarding
- Access to independent advocacy
- Community engagement, leisure and vocational opportunities ensuring residents are able to access all the facilities and resources they wish to, whilst keeping safe and having choice and control

Enabling individuals to reach full potential

We deliver support with dignity and respect, achieve personalised outcomes and help people to develop constructive ways of communicating through new skills and behaviours.

The outcomes we expect to see include:

- Ensuring each individual achieves their full potential
- Improved quality of life though meaningful life experiences and opportunities
- Development of greater choice, control and independence
- Support with social inclusion through active community engagement
- Achievement of good physical health
- Improved self-esteem and self-worth

For further information, or to discuss a potential referral:

Please dial our 24h referral line on:
0800 218 2398

Alternatively you can email:
referrals@elysiumhealthcare.co.uk
or: elys.referrals@nhs.net

elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used may include other Elysium locations and are intended as a guide.

Elysium Healthcare

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