Elysium Healthcare

Liberty Ward

Bespoke Packages of Care

The Farndon Unit, Farndon Road, Newark, Nottinghamshire, NG24 4SW

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Liberty Ward, within The Farndon Unit, delivers highly personalised, trauma informed Bespoke Packages of Care (BPC) for females (and transgender individuals) with complex mental health and neurodivergent profiles, within specialist single-person pathways.

Service at a glance:

- **BPC** service
- Service for **women** (including transgender)
- Age **18** and over

Who we support

- Adults (18+) who are women or transgender across the gender spectrum
- Complex mental health: anxiety and mood disorders, trauma related presentations, and personality disorders.
- Neurodiversity: Autism Spectrum Condition (ASC), Attention Deficit Hyperactivity Disorder (ADHD), learning disabilities, and sensory processing needs
- Disordered eating needs

Why choose Liberty Ward

Liberty Ward offers individually tailored care pathways designed to meet each person's unique needs, with flexible lengths of stay and step-based progression. Our expert Multidisciplinary Team (MDT) provides 24/7 support, including a Consultant Psychiatrist, RMN/RNLD nurses, Psychologists, Occupational Therapists (with sensory integration training), Speech and Language Therapist, Dietitian, Physical Health Nurses, and Positive Behaviour Support (PBS)-trained support staff. We deliver outcome-driven care aligned with national best practice, focusing on safety, enhancing quality of life, reducing restrictive practices, and preparing individuals for successful community living.

Bespoke Packages of Care

Therapeutic environment

Liberty Ward combines safety, comfort, and innovation to create a calming space that supports emotional regulation and recovery. Our sensory-focused design features a dedicated sensory room, adjustable lighting, sound-reducing adaptations, and quiet zones for low-stimulus decompression. Flexible layouts allow tailored supervision and multi-room options for those who need highly personalised environments. Every detail prioritises wellbeing, with discreet safety measures—such as silent alarms—ensuring peace of mind in a secure, supportive setting.

Clinical model & therapies

Our trauma informed model integrates psychological, behavioural, sensory, physical health and relational approaches to meet each person's needs. Care plans are co designed with the individual, families and external professionals, and adjusted through regular MDT reviews.

Core elements include:

- Structured psychology and formulation led interventions
- Occupational therapy with sensory integration assessment and personalised regulation plans
- PBS and skills building for independence
- Speech & Language Therapy (SaLT) for communication profiling and support
- Dietetics for disordered eating and physical health optimisation

In house neurodiversity diagnostics

Liberty Ward provides autism, ADHD and broader neurodevelopmental assessments in house, removing long waiting times and integrating results directly into care planning for rapid, accurate pathways.

Physical health capability

Alongside mental health care, we offer on site physical health monitoring and interventions for complex comorbidities, including full support for Nasogastric (NG) tube feeding where clinically indicated.

Pathways, transitions & outcomes

Every package includes an individualised transition roadmap with step down options, relapse prevention, external liaison and community integration planning—reducing placement breakdowns and enabling progress to the least restrictive settings. Families, carers and commissioners are involved at each stage.

We track measurable outcomes, including engagement, diagnostic clarity, sensory/behavioural regulation, reduced restrictive practices, and physical health stabilisation.

For further information or to discuss a potential referral:

24h referral line
0800 218 2398

Send an email to:
referrals@elysiumhealthcare.co.uk

elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Images used are of similar services at Elysium and are intended as a guide.

Elysium Healthcare

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