Elysium Healthcare

Beck House

Specialist Learning Disability & Autism Community Based Complex Care Service

Hammond Drive, Lakeside, Darlington, County Durham, DL1 5TH

T: 0800 218 2398
E: referrals@elysiumhealthcare.co.uk

Opening Summer 2026

Service at a glance:

- **Complex Care**
- **6** apartments
- Service for **men and women**
- **Age 18** and over

Overview

Beck House is a registered care service that forms part of Elysium's Learning Disabilities and Autism division.

Each of our complex care services embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. The services are for individuals who have learning disabilities, autism, and sensory and communication differences. The staff team specialises in working with complex needs and behaviours. The services are staffed 24 hours a day by a dedicated team that includes a Registered Manager, Deputy Manager, Nurses and Support Workers.

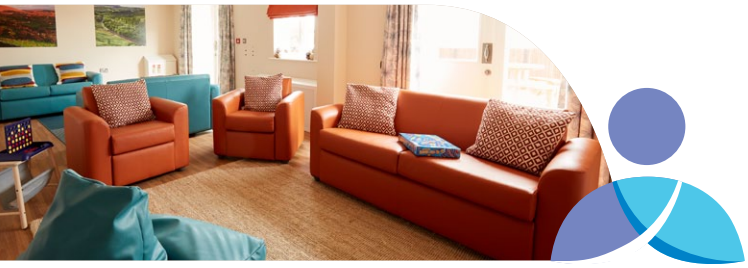
Our complex care services are designed for those individuals who require a high level of support to live within a community setting and may require this support long term. Our staff teams and care packages are set up to deliver individualised care. We accept referrals for individuals transitioning from hospital, children's services, or where their community placement is no longer viable.

The aim of our complex care services is to support individuals to return to their family and/or home area, and to encourage them to lead a full, valued and meaningful life for them. We strive to enable greater independence through a programme of active community engagement, developing social networks and coping strategies.

Environment

The unique environment at Beck House provides six bespoke single person apartments enabling individuals to live in their own space and for care and support to be delivered in a domestic environment which replicates community living more closely than a traditional group living setting. Each apartment has its own lounge/diner and bedroom with ensuite wet room. There are also communal spaces including, lounges, dining room and laundry and an enclosed shared garden.

Beck House is situated on the edge of a picturesque green space, and benefits from transport links to a variety of local amenities which includes, shops, leisure, and primary care facilities.



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Model of Care and Clinical Input

Our complex care services collaborate with all relevant external stakeholders, including community teams, to ensure individuals receive multidisciplinary care and support from both the community and the regional clinical team.

Our model of care includes consultation-based and low-level multidisciplinary interventions, timely responses to emerging clinical issues, all in collaboration with community teams to overcome barriers to health and wellbeing.

The aim is to compliment the NHS and Local Authority services by providing a regional clinical offer. The regional clinical team comprises of a select group of qualified professionals in psychology, speech & language therapy, occupational therapy, and dietetics, supported by Assistants.

The package we offer includes:

- Positive behaviour support plans and workshops
- Communication passports
- Sensory profiles
- Psycho-educational work (individual and group-based)
- Easy-read versions of core documentation
- Resource-based supports (personalised social stories, visual supports)
- Guidance on daily living skills
- Support for goalsetting, meaningful activities, and vocational roles
- Mobility assessments and recommendations
- Sensory screening and activity plans
- Nutrition education and dietetic assessments
- Menu planning and healthy cooking guidance
- Individual Quarterly Care Reviews (IQCRs)
- Relevant clinical training sessions
- Clinically led reflective practice sessions

More comprehensive clinical services, such as psychological therapy, speech and language therapy, occupational therapy, and sensory integration therapy, may be provided with the agreement of commissioners. Psychiatry services are sourced from local NHS community teams. The aim is to work collaboratively with external community teams to meet the holistic needs of individuals, ensuring the best quality of life and progress in their care pathway.

Outcomes

- Supporting individuals to achieve their personal goals and aspirations
- Enhanced quality of life
- Greater choice, control, and independence
- Social inclusion through active community engagement
- Reduction of risk and behaviours seen as challenging
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth

For further information, or to discuss a potential referral:

Please dial our 24h referral line on:
0800 218 2398

Alternatively you can email:
referrals@elysiumhealthcare.co.uk
or: elys.referrals@nhs.net

Images used are of similar services at Elysium and are intended as a guide.

This information is available in different languages, Braille, Easy Read and BSL on request

Elysium Healthcare

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Part of Ramsay Health Care

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