



## **Emerald Place Clinic**

Mental health inpatient service for young people



## Introduction

Surrey and Borders Partnership NHS Foundation Trust and Elysium Healthcare are working in partnership to provide a mental health inpatient service for young people in Surrey and surrounding areas in a purpose-built unit. Emerald Place Clinic is available solely for NHS funded care and treatment and the partnership brings together complementary expertise and best practice to jointly manage the inpatient unit and deliver a high-quality service for young people.



## About Emerald Place Clinic

The single storey building is made up of 12 spacious en-suite bedrooms. Each bedroom is finished to a high standard and young people are encouraged to personalise their spaces. The enclosed garden and leisure area is surrounded by raised planting beds, with sheltered seating offering access to fresh air and recreational outdoor space.

The spacious communal areas help promote socialisation within the young person's peer group. The lounge and separate dining area provide calm spaces where young people can focus on their meals with the support from staff. The service has a designated sensory room to enable them to support young people with their sensory needs.

They also have an Occupational Therapy (OT) kitchen to encourage daily living skills and carry out functional skills assessments.





*Putting  
children and  
young people at  
the heart of all  
that we do*



## Approach

At Emerald Place, each young person is supported by a dedicated Clinical Psychologist and offered weekly sessions tailored to their needs, using evidence-based therapies such as CBT, DBT, and trauma-focused approaches. Alongside individual work, group interventions like relaxation and DBT skills groups are provided, with specialist assessments available for autism, learning disabilities, and cognitive functioning. Parents are also supported through focused CBT sessions, while art therapy offers creative expression for those less comfortable with talking therapies. A skilled Occupational Therapy team complements this care, helping young people build daily living, coping, and sensory skills through structured activities.



## Education

There is an Ofsted registered independent school onsite which offers education from Key Stage 3 (KS3) through to GCSE and A-levels. The education team enables young people to continue with their schooling whilst receiving treatment, in partnership with their local school and education authority.

The education team will liaise with the young person's current school or college and will set work or support the young person with any work sent.



## Environment

Emerald Place Clinic is situated in Charlwood, Surrey. It is a purpose built, well-equipped environment which provides 12 individual ensuite bedrooms including a 2-bed Extra Care Area (ECA), a variety of lounge and recreational spaces, therapy rooms, sensory room, OT Kitchen and a well-resourced school.

In addition to the internal space there is an attractive courtyard garden and a pleasant outdoor green space, which is available for use by visitors to the service and to facilitate escorted Section 17 leave.



## Admission Criteria

- Young people admitted to the unit will typically have a wide range of mental health disorders and complex needs including, young people with neurodevelopmental disorders.
- All genders aged 12 up to 18 years.
- May require detention under the Mental Health Act 1983 (amended 2007) although this is not a prerequisite.



### Contact details:

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To discuss Emerald Place Clinic in more detail or to arrange a visit or make a referral please call our 24 hour referral line on **0800 218 2398** or email **[referrals@elysiumhealthcare.co.uk](mailto:referrals@elysiumhealthcare.co.uk)**

**This information is available in different languages, Braille, Easy Read and BSL on request**



To view our video tour, please visit **[elysiumhealthcare.co.uk](http://elysiumhealthcare.co.uk)**