

# Hartford Ward

## at Arbury Court

Psychiatric Intensive Care Unit (PICU) for women

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### Overview of the Service

Hartford Ward is an 11 bed PICU service for women that focuses on providing support and treatment to patients through crisis periods. The aim is to stabilise to the point where the patient can continue with their recovery on an open ward, be repatriated to home services or discharged into the community.



## Environment

Hartford Ward has 11 en-suite bedrooms, with additional shared bathroom and shower facilities. The ward also has a practice kitchen where the occupational therapy team support individuals to develop their independent living skills. The ward also has a dining area and two large lounge areas providing space for patients. Other facilities include a gymnasium, education room, art and pottery workshop and an IT hub.

All patients have access to mobile phones and the internet where appropriate, to ensure that family and friend contact can be maintained.

## Patient Profile

- Women aged 18 years and over
- Detained under the Mental Health Act 1983 (amended 2007)
- Experiencing difficulties that present a risk to the wellbeing of themselves or others that cannot be treated in an open environment

### Diagnoses may include:

- Acute mental illness
- Acute depressive illness
- Psychosis
- Schizophrenia
- Bipolar Disorder (BD)
- Personality disorder (PD)
- Dual diagnosis

Patients may also present with substance misuse and self-harm issues.

