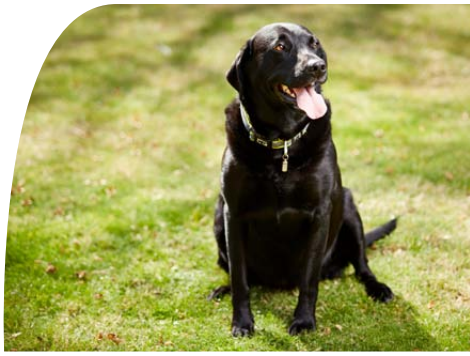
Elysium
Neurological

"We aim to make a positive difference for every individual, improving lives and bringing out the best in people."



Elysium provides a broad range of specialised neurological services for men and women in a number of locations across the UK. We work with adults who have a brain injury or other neurological condition requiring a transdisciplinary service. We care for people who come to us directly from acute services for active rehabilitation. We also provide continuing healthcare packages of rehabilitation, discharge-to-assess, longer-term care and treatment, behaviour management, respite stays and palliative care.

We have a reputation for clinical excellence based on our outcomes. Our hospitals and care centres deliver personalised programmes, rehabilitation pathways and support within a framework of quality and governance measures. We work collaboratively with service users, commissioners and families to ensure the support we offer maximises the physical, cognitive, emotional, behavioural and relational potential of the person in our care. We focus on quality of life and aim to bring out the best in everyone.

Part of Ramsay Health Care

Personalised Rehabilitation, Therapy, Care & Treatment in Specialised Services

Neurorehabilitation

Each person is different, so too is every brain injury and the recovery journey that follows. Our experienced teams assess and formulate the needs and wishes of each person we work with, starting with the pre-admission assessment visit. The clinical assessment forms the basis of an individual rehabilitation plan which is developed with the person, their family and supporters. This ensures that individualised rehabilitation goals are achievable, meaningful and relevant to each unique situation. We employ full clinical therapy teams who work closely to design and deliver integrated, transdisciplinary care and treatment that can be provided by more than one discipline.

Neurobehavioural Rehabilitation

Most neurological conditions result in some altered functions and sometimes this can affect the way people behave and express themselves. Our specialist hospital services provide neurobehavioural programmes for men and women who present with significant challenges. Individuals in these services may also be detained under the Mental Health Act 1983 (amended 2007).

We aim to minimise risk and maximise opportunities for new learning, typically employing multicomponent interventions drawn from the latest developments in neurobehavioural rehabilitation. The programmes incorporate methods from Positive Behaviour Support (PBS), including antecedent control and contingency management, alongside specialist neurobehavioural learning programmes all of which have a proven evidence base. The clinical team includes highly experienced neurobehavioural rehabilitation practitioners and trainers. Programmes are overseen by Clinical Psychologists and delivered by a range of neurobehavioural practitioners who are specialists in their field.

Work with Families

Family and friends are very important to the people who use our services and are at the heart of what we do. Where possible and beneficial, we invite family members to observe or take part in therapy programmes so they can best support their loved one's journey of recovery. There may be times when we need to ask families and supporters to allow the individual to work alone with the therapy team. If this is the case, we will explain why this is necessary.

Often as part of a medical condition or injury, a person can become changed and family members may have to grieve and let go of the person they knew and get to know the newly emerging personality of their loved one. Our teams help people and their families to reconnect and find new and meaningful ways to be together. Whatever the diagnosis or prognosis, staff know that it is important to find ways of supporting people to spend and enjoy their time together.

We organise events and meetings so families can connect with others going through a similar experience. This offers invaluable, informal support, friendship and reassurance.

Communication

Regular and effective communication is the key to achieving a joined-up service which delivers the best possible outcomes. We know the way we communicate is a choice and we use many different ways to communicate to ensure everyone is well informed. Communication methods include the use of assistive technology, Pets as Therapy (PATs), advocacy, Talking Mats and other creative methods.

We take a positive approach in our programmes as we champion and celebrate peoples' successes to promote and inspire hope. In some of our services, quality of life is the focus and we discuss personal likes and wishes to achieve a truly personalised and fulfilling programme.

Complex Physical Care and Treatment

We support men and women who present with complex physical impairments relating to a neurological condition. We provide services for people who are diagnosed with a Prolonged Disorder of Consciousness (PDoC), those who may have a tracheostomy or require ventilation. The person's complex physical presentation may be as a result of a brain or spinal injury or neurological event such as a stroke. We also work with people who have Guillain-Barré syndrome and other neurological conditions.

Where a person has an altered state of consciousness, the experienced clinicians and specialised practitioners observe and assess (with family carer input, when possible) when levels of wakefulness and awareness may change and physical support is required. People in our care may have a PEG or PEJ for nutrition or hydration and for giving medication, they may have a catheter in situ, or need to be supported using a hoist for transfers. Posture, seating, sleep support, mobility, nutrition, continence and spasticity issues are addressed in all services where we provide complex physical care.

Complex Dementias

There are a number of different dementia diagnoses, some more complex than others. As a specialised service, we support men and women who present with complex needs and behaviours including disinhibition, confusion, aggression and antisocial behaviour. We also support people who have associated physical care needs including PEG, catheterisation, mobility problems and those who require palliative care. The person their family and loved ones are at the heart of our care and support. They are valued and integral and we ensure that their dignity and privacy is protected at all times.

People are encouraged to be as independent as possible and are able to explore our dementia friendly environments. Activities are planned to stimulate memories, maintain maximum independence and encourage interaction within and outside of the centres. Staff take the time to listen and hear people's thoughts, memories and worries so we can offer thoughtful and caring support.

In addition to supporting mental wellbeing, physical health and communication needs, staff support individuals to experience the environment around them. The interactive sensory equipment, identifiable areas which support orientation, replicas of local shops and community facilities with artefacts and curios, outdoor sensory gardens and meaningful music choices are all available to help create or recall precious memories.

Neuroprogressive Care and Treatment

People with neuroprogressive conditions and their families require support from experienced practitioners who can provide responsive care and treatment as a person's condition changes over time. Whether this is in relation to memory or mood changes, mobility or positioning support, pain management or fatigue, variations in weight or dietary requirements or changes to the way a person behaves.

We support people through various phases of their condition, listening to the person and observing changes in presentation to ensure all aspects of the person's wellbeing are taken into account.

Pathways

The spectrum of Elysium Neurological Services across the UK covers the following five pathways for inpatient, residential care and respite stays for men and women over the age of 18.

Neurorehabilitation

Assessment, rehabilitation, flexible packages for ABI or neurological conditions

Complex Physical Conditions – as a result of a neurological problem

Including disorders of consciousness, spinal injury, tracheostomy care, ventilation and complex stroke

Neurobehavioural

Specialised behavioural programmes including people who may be detained under the Mental Health Act 1983 (amended 2007)

Neuroprogressive Conditions

Including Huntington's Disease, Motor Neurone Disease, Multiple Sclerosis and Parkinson's Disease

Complex Dementias

Including Frontotemporal, Pick's, Lewy Body, Korsakoff, young-onset or vascular

Specialised Teams

We employ and develop our specialised clinical teams to deliver a range of clinical programmes within each service pathway. The teams include; Specialist Nurses, Occupational Therapists, Physiotherapists, Speech and Language Therapists, Psychologists, Assistant Psychologists and Psychiatrists. We also work with Dieticians, GPs and other health professionals to deliver a holistic service.

Outcomes

Our rehabilitation, care and support programmes are based on available research evidence and we measure outcomes depending on the type of placement required. Outcomes may be formalised professional measures, those relating to a person's planned care pathway or those relating to goals set by the person and their family.

Models of Care and Treatment

Elysium Neurological Services employ transdisciplinary clinical therapy teams at each of their locations to ensure rehabilitation, care and treatment is provided in the most consistent, responsive and effective way. Our clinical teams work towards a transdisciplinary model which ensures that treatments can be delivered across all disciplines, 24 hours a day. Each person has an individualised structured day which offers a variety of therapies across our settings. We are able to support people so that they may return to work or gain vocational skills.

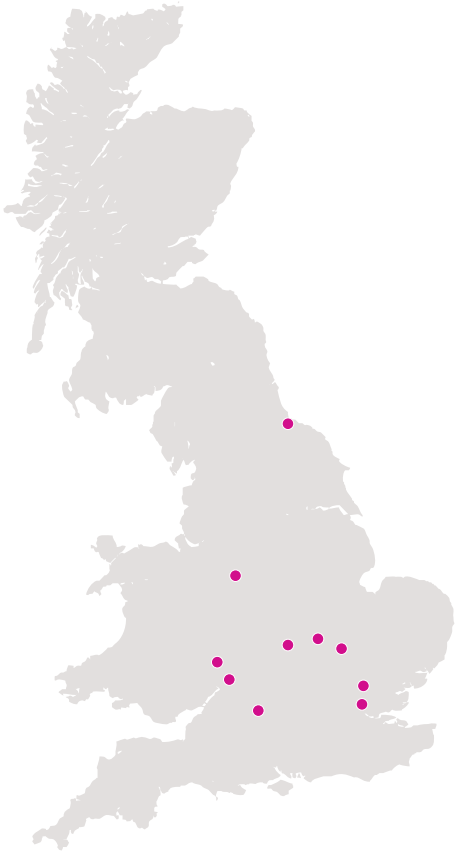
Looking after & valuing our staff

Elysium Healthcare recognises that our employees play a vital role in providing the best outcomes for the people we care for and support. Our aim is to create a workforce that will optimise opportunities to improve their own health and wellbeing. We offer staff benefits, competitions, therapies, perks and other engagement initiatives to help our teams stay positive, engaged and healthy.

Staff are encouraged to actively engage with service improvement and development and to apply the Elysium values each day in their work.

Where we are

- **Adderley Green,** Staffordshire
- **Avonfield Neurological Centre,** Northamptonshire
- **Badby Park,** Northamptonshire
- **Stanley House and Bowley Court,** Herefordshire
- **St Neots,** Cambridgeshire
- **The Bridge,** North Yorkshire
- **The Avalon Centre,** Wiltshire
- **Jacobs Neurological Centre,** Hertfordshire
- **The Dean Neurological Centre,** Gloucestershire
- **Lakefields Neurological Centre,** Essex



Quality, audit, governance & training

Elysium Neurological services have a programme of quality monitoring, audit and governance to maintain and improve services. The Regional Director of Nursing works across the neurological services to support consistent standards, clinical improvement and recording of clinical care. The specialist Training Manager identifies and delivers training needs across the neurological services.

External Links and Associations

Wherever possible, we link with charities and advisory organisations with whom we can share training, advice, research and support in the specialised areas we work in. Organisations such as Headway, The United Kingdom Acquired Brain Injury Forum (UKABIF) and regional ABIF groups, Huntington's Disease Association, MS Society, One Punch Awareness and Dementia Friends (part of the Alzheimer's Society Initiative). Staff and service users often run charity events to raise money for various charitable causes.

Feedback

Feedback is important to us and we encourage people to tell us if we are doing things well or where we can do better. We welcome comments from service users, their families and supporters, commissioners, staff and others. We run regular meetings and surveys to gather feedback to help us shape our services and improve standards of care. We support staff to take pride in making a difference and contributing to people's success stories.

Get in touch

For further information, to arrange a visit, or make a referral, please call our **24 hour referral line** on: **0800 218 2398**
or email: **referrals@elysiumhealthcare.co.uk**

This information is available in different languages, Braille, Easy Read and BSL on request

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